

Biblical Reflection 1:
“The Starting Place: Look to God First”
February 11th, 2021

In the darkest and most difficult days in my life, God has taught me to keep putting my hope in him. I may understand nothing. I may be angry, discouraged, or afraid. But the Holy Spirit always comforts and encourages me when I pour out my heart in prayer. As I turn my eyes onto Jesus and look up to my Heavenly Father, everything looks different. I find more peace, strength, and courage to face my pain and fears. Strangely, though my problems are still present, the Holy Spirit gives me new hope. I don't always know what exactly to hope for, but when I put my trust in God, I feel more comfort. I feel stronger. And good things always happen. (See Psalm 42 below.)

My tears are for your suffering, while my hope lies in whatever good God will do within you, through you, and for you--in God's timing, in God's way. When I cannot communicate with you because the internet is turned off, you will always remain in my heart. I will remember you every day in prayer and continue to advocate on behalf of the people of Myanmar.

With Christ's love always,
Dr. Tim/ ဦး ထင် ကျော်

Psalm 42

1 As a deer longs for flowing streams,
so my soul longs for you, O God.
2 My soul thirsts for God,
for the living God.
When shall I come and behold
the face of God?
3 My tears have been my food
day and night,
while people say to me continually,
“Where is your God?”
4 These things I remember,
as I pour out my soul:
how I went with the throng,
and led them in procession to the house of God,
with glad shouts and songs of thanksgiving,
a multitude keeping festival.
5 Why are you cast down, O my soul,
and why are you disquieted within me?
Hope in God; for I shall again praise him,
my help and my God.

