

*Pasian Kiang Pan I Lamet Theih*

# **Pasian Kiang Pan I Lamet Theih**

**Haksak Hunah Pasian Muanzia ding tawh Kisai**

**Kha' tawh Nuntakna Thu Laigil 9**



**By Timothy C. Geoffrion**

**Translated by Go Van Mung**

Hi laibu hong piankhiatna pen 2020 March kha pan COVID-19 tawh leitung mun tuamtuam ah a kibuai khengkhang laitakin “Pasian kiang pan I lamet theih bang om?” cih thalak ding laigelhnate a kibubawl ahi hi. Laigelhpa\* laigelhte ama’ blog site: [www.spirit-ledleader.com](http://www.spirit-ledleader.com) ah kha 2sung bang a’suan ahi hi. A sung a thute ahihleh ama’ laibubawl, *The Spirit-Led Leader: Nine Leadership Practices and Soul Principles* (Herndon, VA: Alban Institute, 2005), laimai 184-190 sung-a om thute genbehna ahi hi. Pulnatna ii zawhloh Lai Siangtho thu laigil mah bulphuh in a kigelh ahi hi. Lai Siangtho hong hilh thu laigil te in I nuntakna buppi huam ahih manin manpha mahmah hi. Haksat hun ciangin Pasian I muan zia ding hong lak a, I upnate koici bangin nuntakpih ding cih hong hilh hi.

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Lungdamna ka zi Jill Kimberly Hartwell Geoffrion, leh ka tapa Timothy Charles Geoffrion tungah ka pulak nuam hi. A sung-a kizangh mann (photo) tuamtuamte phaltak in hong zangsak bek hilo in thului tawh kituak dingin amau mah in a hoih pen hong teelsak uh ahih manin laibu etlawm tuam mahmah hi. Lungdamna laibu ii a nung ah kisuak sak hi.

### **Lai-at pa thu**

Rev. Timothy C. Geoffrion, Ph.D., D.D., pen ni dangin Pastor sem ngei khat ahi hi. Non-Profit-Organization ah C.E.O a sep laitak hi-a, Myanmar Institute of Theology (Yangon, Myanmar) ah New Testament leh Practical Theology tawh kisai in Visiting Professor sem hi. Tua laihilh a sep kawmin, leitung mun tuamtuam ah Pastor-te a dingin Spirit-led Leadership cih thusin sakna ni 3-5 sung bang nei kawikawi hi. Laibu bu 4 bubawl khin a, tua lakah *The Spirit-Leader: Nine Leadership Practices and Soul Principles* (Alban Insitute, 2005) leh *Saying Yes to God: How to Keep in Step with the Spirit* (Cascade Books, 2017) te ahi hi.

Kisapna tuamtuam in zat theih ding Faith, Hope, and Love Global Ministries’ Resource Libraries [www.fhlglobal.org](http://www.fhlglobal.org) ah hawh lecin Manglai, Kawllai leh paudang tuamtuam tawh kikohi hi.

Tim ii blog na etnopleh, [www.spirit-ledleader.com](http://www.spirit-ledleader.com) ah pai in.

## **THUPATNA**

COVID-19 leitung bupin i buaipih mahmah laitakin, hibang in I buai henhan sungin Pasian tungah koici bangin kinga thei ding I hiam cih thalakna ahi hi.



Covid-19 natna pen Pasian in thakhat thu in beimang sakleh ka ut hi. Kanat kasat khak ding ka lunghimawh a, ka it ka ngaihte zong anat asat dinguh ka dah hi. Pasian kiangah kei leh ka innkuanihong kepbit nading thu ngetna ka nei diak a, mun tuamtuam ah a om meetheih lawm-le-gual te a dingin zong thu ngetna zong ka nei hi. Ahihangin, Covid 19 natna ngah kibehlap toto a, “kibehlap toto thei lai ding hi” ci-in mipilte in gen lailai uh hi. Tuabang thute hang mah in ka lunghimawh semsem hi. Ahi zongin ka phawk thu 1 om a, “mi tampitak mah Covid 19 hangin lunghimawh in buai uh hi cih,” ahi hi.

Azenzen in Pasian in I ngaihsut bangin bangmah hong sem kei leh, bang cih ding? Mi tulza tampi tak si khin. Tampi mah si thei lai ding. I muhsa thute tung tawnin, “Pasian in Codvid-19 tawh I buai kheukho sungin vai khat peuhpeuh hawm ding hi veh aw” ci-in I lamen ngam ding hiam? Tua aihleh, bang lamen ding?

Hih natna gilo hangin, “Pasian aw, kote hong hehpih in” cih dinmun a kitung ahi hi. Hibang I tuah laitakin Pasian hong kepna, Pasian hong panpihna mah I lunggulh pen ahi hi. Hibang natnate hangin: “Pasian koi ah om hiam? Pasian in I thuaknate hong phawkpih mah hiam? Pasian in Covid-19 natnate a kilawhloh

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nadingin sem theilo hiam? Hih natna hangin natna, satna, sihna, manna, kibehlap toto ahihleh, Pasian kiang panin I lamet ding bang om lai hiam?” cih dotna tuamtuamte anei mi tampi om thei kha ding hi.

Tua bangin Pasian tawh kisai dotna tuamtuamte tutawm-in ka neih dotna hilo hi. Ka ta neih masak uh a nu’ gilsung pan hong siat lai-in ka lungsim sungah hih dotnate ka nei hi. Ka pianna ka nu’ in Alzheimer natna a ngah tak ciangin Pasian tawh kisai dotnate mah ka nei hi. Tua mah bangin keima’ pumpi tungah natna gilo khat ka ngah ciangin zong hih thudotnate mah ka nei hi. Ka hici ngaihsutkik ciangin Pasian tawh kisai dotnate pen a kinei toto ding mah hi-a, “Pasian pen muantak mah hiam? Muantak ahihleh, bang ding-in muantak hiam?” cih dotna tuamtuamte hong om toto hi.

Hibangin Pasian tawh kisai thu dotnate pen haksatna I tuah hun ciangin hong suakkha dotnate hi zaw deuh hi. Aizong Myanmargam ah kum 1 in kha 6 bang Pasian’ nasem in ka om den a, ka muhkhak thu in bang ahiam cihleh, “Hibang thu dotnate pen ngaihsut den a kul dotna nam hi,” cih ahi hi. Banghang hiam cihleh, Myanmargam ah hibang thute pen nisim nuntakna ah phutkhak tuahkhak thute himawk hi. A tungah keima’ tuahkhak thu tawh ka gawmkhop takteh, hibang thudotnate pen ka lungsim sungah a om den ding mah ahi hi. Ka lunghihmawhna, ka dahna, ka hehnate hong sukha ding “hih hi ei,” cih dawn’na ka mu zo kei hi. Himahleh, “Pasian’zia leh geelnate mihing hihna tawh theihtel nopna om zel a, ka phawk thu-in mihing hihna tawh theihtel zawh ding hilo hi,” cih ahi hi. Ahi zongin, I upna I nuntakpih takciang haksatnate hitaleh I theihloh mailam thupiang dingte sungah hitaleh I kalsuanziate kilamdang sak hi.

Pasian tawh koici bangin tonkhawm in, Ama’ sungah koici bangin kinga thei ding I hiam, cih tawh kisai in thu 7 I kikum toto ding hi.

1. Pasian’ zia leh geelnate mihingte’n theihtelzawh nading pianzia neilo hi. Pasian kiang pan na ngah bangbang sang in.
2. Pasian in na nuntakna sungah na hong sem in, hong makaih ding hi ci’n lamen in.
3. Pasian in na tuahkhak thute sung panin Kha thu-ah pi’cin nading in hong zuunna hi, ci-in um in.
4. Zeisu ii zawhsa Singlamteh lampi totna hi, ci-in sang in.
5. Bangmah in Pasian hong itna tawh hong kikhensakzo hetlo ding hi, cih phawk in.
6. Lungkhamnate Pasian khutsung-ah ap inla, Lungnopna lamen in.
7. Pasian’zia na ngak kawmin, thak suahdingin kiging in.

Thulu 7 tawh thu kikupna I neih tohtoh dingte pen Covid-19 natna gilo sungah Pasian tawh kisai thudotna I neih Dawnkikna cih bang hi zenzenlo hi. Haksat hun leh dongtuak hunte ah koici bangin tha la-in Pasian tungah kinga zaw ding I hiam, cih hi zaw hi. Thalak nadingte pen Lai Siangtho bulphuh hi-a, keima’ nuntakna sung pan ka thalak ziate leh leitung muntuamtuam ah Khristiante thalakna tawh mehkhop ding ahi hi. Hih thalaknate pen thuman thutak hi-a, mihingte’ thukhenna tung-ah kinga thuman thutak hilo hi. Hih thalaknate pen thu nungta hi-a, mitampi takte ii lungsim, kha leh pumpi cidam sakin cingtaak sak hi. Hih thalaknate tung panin nang mahmah in zong tha ngah in nuntakpih ding, ci-in lametna ka nei hi. Na tha ngahna, na muhzia leh kikupnopna tuamtuamte zong a nuai a mun-awngte ah pulakna hong nei ding, ci-in lametna ka nei hi.

Tua aihleh Pasian kiang pan bang lamen ding?



*Zeisu in mittawpa a damsakna (Johan 9), Chartres Cathedral, France*

**Thu Khatna**

**A KICIANGTAN MIHING LEH TELZAWHLOH PASIAN'ZIA**



*Zeisu leh Emmaus lam manawh nungzui 2te  
Charters Cathedral, France*

Pasian koi ah? I nop tuam nadingin Pasian in tawmbang ahizawhna hong lak lo ding maw? Pasian in bangmah hih sawm nawnlo maw le? cih bang dotna tuamtuanme na neihleh, tu lai thupiang tuamtuanme a lunghimawh gige na hihi. Pasian a um gige na hi a, Pasian in hihtheih nei lua hi, cih a um gige na hihi. Aizong, na lung amkham aikkeh a lauthawng zong na hi thei kha ding hi. Pasian in na lamet zah in gamtang sa lo na hiam, aikkeh na ngaihsut zah in Pasian ompihna mu lo na hiam cih khat hi ngel ding hi.

Anuai a I gelh thalakna pen I kikup ding thu 7te lakah a masa pen ahi hi: “Pasian kiang pan bang lamen ding ihi hiam?” Hibang haksat dongtuah hunte ah Pasian koici bangin, bangci bangin muang thei ding ihiam ci-in Lai Siangtho bulphuh in thalakna ahi hi.

**Thu 1na: Pasian’ zia leh geelnate mihingte’n theihtelzawh nading pianzia neilo hi. Pasian kiang pan na ngah bangbang sang in. (Isaiah 55:1-9; Luka 24:13-22)**

Pasian kiang pan lametna I neih khat peuhpeuh entel lehang bang kimu thei hiam cihleh, Pasian kiang pan in I lametnate pen ei’ma deih leh lunggulhnate na hi zaw den hi. Lametna khat peuh I neihte pen Lai Siangtho I simna pan ahihkeileh Pasian thu gente genna panin hong piangkhia zong hi kha thei ding hi. Tua bangin Lai Siangtho pan maw, ahihkeileh Pasian thu gente kiang pan in I ngah lametnate hitaleh, ki-entel, ki-dongpha taktak lehang ei’ma lunggulhnate Pasian in hong pia ding cih ahi hi; ei’ma deihna Pasian in hong zui-in hong sepsak ding cih ahi hi. Ei’ma deihbang in Pasian in hong seploh takteh bang hong piang hiam cihleh; kithuak zolo, kipualah, lungkia-in I hehsuak hi. Tua aihleh I kidot ding thu om a, “Ei’ deihna bangin bang mah hong pian’loh ciangin Pasian mawhsak ding maw (ahihek) ei’ mahmah kimawhsak zaw ding?” cih ahi hi.

Ei’ deihna bangin hong pianloh ciangin lamdang sak hetloh ding Lai Siangtho in hong limhilh hi. Ahang in, Pasian’ zia leh geelnate nang-le-kei theihtel zawh ding hilo hi. Pasian sepzia eite theihtel zawh ding hilo hi. Ahi zongin Pasian in ama’ sepziate theihtel ding hun hong pia a, bang hun hiam cihleh Ama’ sepsate lungngaihkik hun ahi hi.

**Phawkding a kisam thu**

Kamsang Isaiah tung tawnin TOPA Pasian in Israel mite tung ah bang gen hiam cihleh, “Pasian zia pen mihingte zia tawh kibanglo hi,” cih ahi hi.

Banghang hiam cihleh  
keima ngaihsutnate nomau’ ngaihsutna bang hilo a,  
Keima paiziate nomau’ paizia bang hilo hi, TOPA in ci hi.  
Vantung pen leitung sangin a sanzawk mah bangin,  
Keima paiziate zong, nomau paizia sangin sangzaw a,  
Ka ngaihsutnate zong,  
nomau ngaihsutna sangina sangzaw ahi hi.  
(Isaiah 55:8-9 TDB)

Isaiah in eite bang hong hilh hiam cihleh, Pasian’ nasep lamdangte leh Pasian in a seploh thute na ngawn theihzawh sawmna pen nusiat ding hi, cih ahi hi. I theihtel zawhloh dingte theihzawh sawmna panin, “bang thute phattuampih ding ka hiam” cih theihding thupi zaw hi. Isaiah 55 sung en lehang, Pasian in Israel mite a kisap bulpi pen uh thu dangdangte sangin Amah Pasian tawh kizop ding hizaw, cih hilh hi. Pasian in bangteng sem a, bangteng geel hiam cih Israel mite in a theih nop uh sangin Pasian’ itna leh hehpihna theihhuai zaw a, tua itna leh hehpihna theihna pen Pasian’ tate a dingin hamphat huai zaw hi. Tua bang hileh, a kisap bulpi uh ahi kisikkikna tawh Pasian kiang zuan thei ding uh a, Pasian in a kisap uh dim ding hi. Isaiah in bang na ciham cihleh;

A dangtak mi peuhmah tui phual ah hong pai un.  
An neilote aw, hong unlal hong ne un!  
Hong pai un; a man ding bangmah piakkul loin  
leenggahzu le bawngnawi na duh zahzah uh hong ne un.  
An ahilo nate lei nadingin bang hangin na sum uh zang a,  
hong gilvahsak theilo nate ngah na dingin  
banghangin na sem na hi uh hiam?  
Keima thu limtakin ngai-in a limci an ne unlal,  
an limte ah nuamsa in om un.  
Ka mite aw, ka thu ngai unlal, kei kiangah hong pai un.  
Na nuntak theih nadingun a thu hong za un.  
David ka it mah bangin keima itna kip,  
tawntung thuciamna note tawh ka bawl ding hi.  
(Isaiah 55:1-3, TDB)

Lungkham mangbat hunciang, tua lungkham mangbatnate in hong nelhcip in patauh dipkuatnate lian a, zon' masak dingte kizonglo thei hi. Zon' loh dingpi (banghang in hi thute piang a, banghangin Pasian in phal hiam? cih bangte) I zon' laisiah, I mutuan kei ding-a, gim in I bah lel ding hi. Ahi zongin tua lungkham mangbatnate mangngilh bawlin patauh dipkuatnate nusiat ding kisamh hi. Tua hileh zon' masak ding kizong thei pan ding a lungnopna kingah ding hi. Tua hileh Pasian in I nuntakna sungah bang sem a, I nuntakna tungtawnin a hoihzaw bang sem nuam hiam cih I mu ding hi. Tua bangin I muh theih ciang I tuahding I phutding thute ah Kha muanna tawh kigingsa in I om thei ding hi.

**Zeisu na Kha'mit hong sak in.**

Lungdamna thubu Luka sungah, Topa Zeisu in Emmaus lam a manawh nungzui 2te tawh lam a paikhopna thu I thei hi. Amau theih Zeisu pen kua ahiam cihleh, a kibawlsia, a kikhailum, hansung ah kisial Zeisu ahi hi. Amaute ii lametna, lungmuannate ni 2 ni 3 sungin kisia khin hi. Ahi zongin, amautheihlo thusim khat in bang ahiam cihleh “Pasian in amautelungkham mangbat sungin na semsem hi,” cih ahi hi. A taktak in ci lehang, Zeisu thokik khinzo hi. Zeisu thawhkikna in Pasian geelna ahi leitung mite gupkhiat nading kipsak khin hi. Ahi zongin, nungzuite ahihleh lungkham thanemna in tuamcip ahih manin Zeisu amautekiangahpai-in, a hopihpih na ngawn a Topa uh ahihlam thei khalo uh hi. Lai Siangtho in, “Zesisun na lampai kawmun bang gengen na hi uh hiam?” ci-in a dong hi. Amau tegel zong dinkhawl pah uh a, a maisuah uh dahmai mahmeh lai hi (Luka 24:17, TDB),” ci hi.



Covid-19 hangin bang I ci tam maw, bang hong piang tam maw? I cihcih laitakin I kidop ding a thupi mahmah khat in, tua lunghimawhnate in hong nelhcip lohding kisamh hi. Lungzing in, dahmai tawh khing ngeungau in om ding hilo hi. Leitung thupiangte, leitung lunghimawhnate na telzawhloh hun ciangin “Pasian’ zia leh geelna theihtelzawh ding hilo hi,” cih phawk ding kisamh den hi. Pasian’ in I telzawhloh ding, mit tawh muhloh dingin na semsem hi, cih phawk ding hi zaw hi.

Hi bangin I gen ciangin “Pasian in Covid-19 piangsak hi” ahihkeileh “na khempeuh ahoih lamin piang ding hi,” a cinuam pah ihi kei hi. Tuate sangin Kamsang Isaiah ii hong hilhna ahi Pasian’ zia pen mihingte’ zia ahihlohlam a gen nuam ihi zaw hi. Pasian in I lametlohma munah I lametlohma lampi tawh nalamdang sem hi. Lai Siangtho sim lehang Pasian in lungkham mangbatna sung pan, gentheih haksatna sung pan, lamet beina panin na lamdang piang sak hi. Emmaus lampi zuan in a ciah nungzuite in bang hong phawk sak hiam cihleh, I Kha’mitte hong hon sak ding Zeisu I kisamh hi. Tua bangin I Kha’mitte hong kihongleh, dongtuahna sungah, lametbei in I omna sungah, Khazih Zeisu I zon’masak ding lam I phawk ding hi; banghang hiam cihleh, Pasian in mihingte ngaihsutna bangin na semlo hi.

***Nuntakpih ding***

Na hih thei zah in na lungsim tawh thu ngen in. Pasian in I thungetnate hong dawnglo ding hi, kici theilo hi. Pasian in I thungetnate za in mite dam nading, mite suahtak nading, mite kisapnate sikh-nading in I thungetna hong dawng theilua hi. A zenzen in na thungetna bangin Pasian in hong dawn' keileh lungkia kei in. Pasian hopih ding khawlsawm kei zaw in. Na Kha'mitte ong kihon na dingin Zeisu kiangah thu ngen in. Na upna tha ahat na dingin Kha Siangtho kiang pan tha la in. Pasian in na nuntakna pen gentheih haksatna sungah hong bawlhoih nadingin thu ngen in. Bangbang piang taleh, thu dangdangte sangin Pasian hong itna leh hong hehpihna nang tawh om tawntung hi, cih phawk in. Pasian in na nuntak nadingin hong geelsaksa a omte kiang pan lam napial theihtheih na dingin nangma' theihtawmna suangin na zonzonna panin kisikkik in. Sum tawh leitheih ahilo, Pasian hong hehpihna leh hong itna-te zong masa in. "Ka mite aw, ka thu ngai unla, kei kiangah hong pai un. Na nuntak theih nadingun a thu hong za un," TOPA in ci hi (Isaiah 55:3 TDB).

## **Thu Nihna**

**PASIAN UM IN, MUANG IN LA, HONG LAMLAHNA BANGIN GAMTA IN.**



*Tai 500 khe tawh pai zawh Camino Finisterre, Spain ah lungngaihna*

March 2020 kipattung pawl, Covid 19 leitung muntuamtum ah, a diakdiak in America ah, a kizelh henhan laitakin khensat ding vai haksapi khat ka nei hi. Yangon ah ka om laitak hi a, Mandalay, Kanpetlet leh Sittwe khuate ah pastor 200 kim bang tawh thu sinna nei ding ci-in ka kithawi laitak ahi hi. Bangciah ding? Vaiteng nusia in Myanmargam pan nawhsa takin piakhia ding maw? Inn papi ka hihna tawh ka zi ka tate a dingin koicih le'ng hoih pen ding? A langkhat lamah hunbit Pasian nasem ka hihna tawh koici gamtat le'ng kilawm pen ding? Ahihkeileh thusinna mah neih tentan dingin khensat mai ding mawle?; Thusinna neih tentan dingin khensat mai le'ng hoih ding tawh kibang; ahang pen thusinna neih ding a ngaklah uh sawt mahmah leh amauteng tawh thusin khopna nei le'ng mi tampi in phattuampih ding cih hi zel hi. USA ah ciah ding maw, aihkeh thusinna nei suak ding?

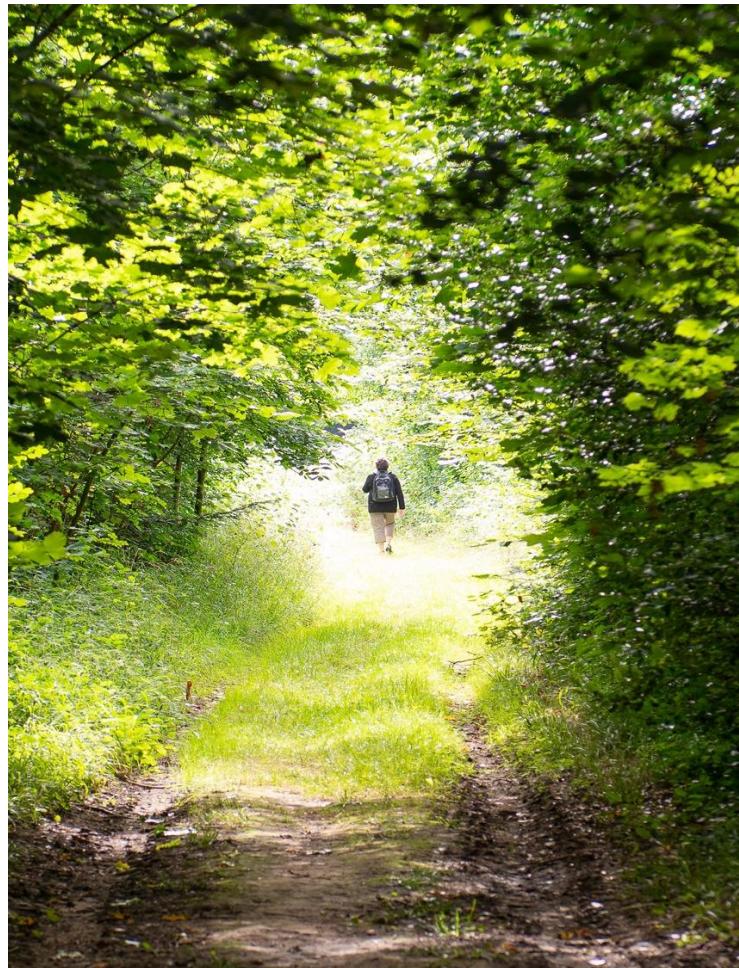
Tu bangin, tua hun a ka om zia ngaihsutkik le'ng a ol ding tawh kibang hi. Tua hunlai-in bel, khentatna hoih pen neih ding ol lo veve hi. Banghang hiam cihleh, inn papi khat ka hihna tawh ka zi ka ta ka kepding

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leh keima' ci dam nadingin ka pilvang' ding thupi mahmeh hi. Tua mah bangin ka nasepna leh ka vaipuak lah thupi mahmeh zel ahih manin hih thu 2te kikal ah lungka in ka om niloh hi.

Hibang hunte tak ciangin thu ummite in thu ngetna I nei thei hi. Ahi zongin "koizaw hoih ding" cih teeltheih lianlian dingin thuungetna kingah pahpah lo hi. I lungka-a, tua lungkatna in hong lung-am sak thei hi. I lungkatna lian semsemleh, Kha Siangtho kimakaihsak ding sangin phuding maw – peelding – (ahihkeileh) opcipding maw? cih ngaihsutna hong lut thei hi. Thu hoihtak ngaihsun masalo, asia apha khingkhai masa lopi-in phumang in kisem thei hi. Ahihkeileh, khingkhailua leuleu in tuahtheih phuttheih ding thute siahuaisa-in pelhding mah teelzaw in gamlapi ah ki-taimang thei hi. A taktak in khat veivei I lung-apnate a lianlua zong na hi khollo a, khingkhailua ihih man peuh in I sepdingte kisemlo thei hi. Tua mah bangin, patau linglawng amkham in cih nading meel theilo in ki-om thei hi. Tua bangin cih nading meel theilo in I om ciangin khensatna khat peuhpeuh neih ding cih bang hizolo ahih manin opcip ding cih bek mah hong suak hi. Khensatna cihbang om theilo ahih manin koici gamtat ding cih pen gamla mahmeh hong suak hi. I gen thu 3teng ahi; phuding maw – peelding – (ahihkeileh) opcipding maw, cihte pen mihing pianzia tawh I neihkim I zatkim thute ahi uh hi. Bangbang ahi zongin hih thu 3te in tamveipi mah lungkham, lung-am, lungka in I om ciang koici gamtat ding cih tawh kisai in khensat theih nadingin hong huh tham hi. Ahi zongin Kha Siangtho tawh kalsuanna ahihleh hih thu 3te sangin thuuk-in sangzaw hi.

**Thu 2na: Pasian in na nuntakna sungah na hong sem in, hong makaih ding hi ci'n lamen in: lamlahna na ngah bangin gamta in. (Paunak 3:5-6; James 1:5-6)**



***Pasian um in muang, cih pen koici bang hiam?***

Hi bang thuteng hangin kei kia bek hilo, ka innkuuanpihnu, ka naseppihte, nasepna hong panpihte zong lung-am lungka in om uh hi. Tua laitak in Kha Siangtho in bang hong phawksak hiam cihleh khensatna neih nading ah “Pasian hong lamlahna um in muang in” cih ahi hi. Tua bangin lung-apna, lungkatnate khingkhai in ka puakpuak lai takin kei kia bek hilo Pasian in hong ompih hi, cih ka phawk thak hi; tua in hong suakta sak tuam tham hi. Pasian in hong huh ding hi, cih upding ka kisappi pen na hizaw gige hi. Kumpi Solomon in tuma kum 3000 lai-in bang na ciham cihleh:

Na lungsim khempeuh tawh TOPA muang inla, nang' theihna suang kei in.

Na hihna khempeuhah amah phawk in.

Tua hileh lampi maan amah in hong lak ding hi.

(Paunak 3:5-6, TDB)

Haksatna I tuahhun ciang lungka-in, lung-am in I om takteh I theihna suangin, I theihna khingkhai in thu khensatna neiding hilehang kikhensatkial thei hi. Ahi zongin Lai Siangtho hong hilhna aihlel khensatna neihding hunciangin Pasian hong lamlahna tungah kinga ding cih ahi hi. Amasa in, Pasian eite tawh omkhawm hi cih phawk ding ahi hi. Pasian eite tawh hong omkhawm aih manin sa biangbuang in thu khensat loin Ama' mai ah kiniamkhiat in om ding na hi zaw-a “Pa’ aw, nangma deihna bang hi zaw hen,” cih ding ahi hi. Tua khitciangin a nihna ah, “lungsim khempeuh tawh TOPA muang ding,” cih ahi hi; cihnopna ah thu khat peuhpeuh khensat nadingin thu piangtung tawnin khingkhainha ah Kha Siangtho makaihna suan’ding ahi hi. Mihingte theihtel zawhloh Kha Siangtho hong lamlahna koi dann hiam cih khuadakna ahi hi. Tua bangin Pasian’ hong lamlahna tungah kingakh-na a om zawh ciang bekin thu khat peuhpeuh ahoih penin kikhensat zo pan hi. Tua aih manin James in;

Pilna a kisam na om uhleh Pasian kiangah ngen un.

Mi khempeuh tungah Pasian dikan cingh mahmah aih manin hong pia ding hi.

Ahi zongin na netuh ciangin hong pia takpi ding hi, ci-in muanna tawh na ngen un.

A muanglah mite pen huih nunna lam peuhah a kinil kawikawi tuihualte tawh kibang lel hi.

(James 1:5-6)



A taktak in thu khatpeuhpeuh ah *lungka leh lung-am* in I omnate pen I tuahkhak thute hangin na hilo zaw a, uplahna hang peuh na hi zaw hi. Cihmawk, haksa lem amkham in om hunte ah, Kha Siangtho a kimakaihsak thu umte in Pasian tungah kingakh ding mangngilh ngeilo uh hi. Tu amah bangin thupiang, thu omziate hoiktakin telkheh uh a, tua muhkhiat thute sungah Pasian ii lamlahna um in muang uh hi. Pasian tungah kingakh ding leh thu omziate sungah Pasian ii lamlahna, cih thu 2te pom den uh hi.

Tua bangin hi thu 2te pom zawh den na dingin Pasian hong hopihna aw zak ding kisamh hi. Tua bangin “Pasian hong hopihna ‘aw’” I zak theih na dingin gamdai takin Lai Siangtho simna leh gamdai takin thu ngetnate kisamh hi. Pasian mizat Ama’ nasemte kiang panin zong ngaihsutna lak ding zong kisamh hi. “Hoihlo ding hi,” cih thei gegu na pi-in *phuut teeltaal ding* hilo hi. Tuahkhak thute kihta in *peelding* cih bang zong hi tuanlo hi. A piangthute ah amkham in cih nading thei meello in *opcip ding* cihzong hilo hi. Zeisu kiang zuan-in, Ama’ hong lamlaknate mitsuan-in kalsuan ding ahi hi. I lungsim khempeuh tawh Pasian I muang ding a, Pasian hong lamlakna tung tawnin gamta in kalsuan ding ahi hi.



*Kha Siangtho-zia tawh Kimakaihna thusinna  
Mandalay ah (March 10-13, 2020) sung om a tua lai-ah mi 56 ong kihel thei hi.  
Kawl ngeina puan tawh Tim, mann kilaakna hi. Myanmargam tawh kilawm kituak  
ngeina puante silh ding zong a kisap na ciang om hi.*

### ***Ka tuahkhak thute***

Myanmargam ah March kha ka om sung mah in Pasian hong hopihna ka tel phapha a, bang ahiam cihleh “lungkham mangbang in I om laktak Pasian in hong ompih hi,” cih a hi hi. Thu hoihtak in khensat zawh na dingin phuding maw – peelding – (ahihkeileh) dinkhawl ding cih thu 3te ka zawhzawh na dingin thu ka ngen hi. Thu ngen in Pasian tungah ka kingakh zawh semsem takteh Pasian hong hopihna “aw dam” ka za hi. Tua hi, I kisap penpen. Ahun a cin ciangin, Pasian hong lamlahna kitel tak in ka mu hi.

Thusinna tawh kisai hun geelna ka neih pen amasa-a ka geelna uh tawh hong kilamdang pah hi. Thusinna ni 12sung ka nei thei uh a, a hunlap in ka zi ka ta kiang ka zuan thei hi. Myanmar Institute of Theology ah graduation (buaih piakna) nuamtakin ka om thei a, tua khitciangin Saw Newton (Faith, Hope, and Love Global Ministries) tawh Kha Siangtho Lamlah Makaihna cih thusinna Mandalay ah geelna a om bangin ka nei thei uh hi. Sittwe lam ka pai ding uh pen tualgal (Rakhine AA leh Myanmar kumpi kikap) hong om dihdih a hih manin ka pai thei nawn kei uh hi. Tua ahih manin innlam ciah ding bek mah hong suak ta hi. Innkuanpihnu Jill kiangah geelna a omsa sangin nipi kal thum bang a tungbaih zaw ka suak hi. Pasian

hong lamlahna tungah ka lungdam mahmah hi; thusinna mun 2te pen a kipelh zenzen hangin kizawhna Topa'n hong pia-a, inn om hun dingin inn mah ah a om dingin Pasian in hong puak hi.

**Nuntakpih ding**

Thu khat peuhpeuh ah lung am in, lungka in na om takciang, Pasian in lam hong lak pah ding cih bangin lamen kei in. Pasian hong hopihna *aw-neem* na ngak kawmin Pasian hong lamlahna na muh na dingin khuadak in. Na tuahkhak thute maingat zaw inla, bu kei in. Pasian deihna bangbang san'zawh dingin kiniamkhat in om hi. Na geelna a om sate, “geelna a omsa dann mah hileh” na cih tentannate nusia inla Pasian hong lamlahna na muh zawh na dingin khuadak in. Tua bangin hileh, siatna kihtak ding om nawnlo ahih manin thu na khensat zo ding hi.

Pasian deihna I tot zawh na dingin Kha Siangtho makaihna tawh thu-le-la telkhehna leh Pasian lamlahna cih thu 2te tem-le-paai bangin kuah den ding ahi hi. Bangbang piang taseleh na tuahkhak thute panin na sin toto ding a, pi'cinna lam na manawh ding hi. Cih nading theilo in na om takciang, thu ngetna tawh Pasian deihna zong inla, na lungsim khempeuh tawh muang in; tua bangin hileh, na upna zong a sangzaw ah khangto ding hi. Damdam in pi'cinna lam na manawh mah bangin khamuanna zong lian semsem ding hi. Pi'cinna leh khamuana lian tektekleh thukhensatzia zong na siam to tektek ding hi. Tua banah, a thupizaw ahi Pasian tawh na kithuukkholh semsem ding a, Kha Siangtho lamlahna tawh midangte kisapna munte ah muanlesuan na hi lai ding hi.

## Thu Thumna

**TUAHKHAK THUAKNATE PEN PASIAN IN NUNTAKNA, UPNA, LAMETNA-TE HONG ZUUNNA AHI HI.**



Hmm! Cikciang kipusuak thei ding? Nuntak khuasak cikciang a ngei hong bangkik zen tam? Tu tadih America bangah 100 ah 95 bang pen inn kibilhcip ding kisamsak uh hi. Leitung mun tuamtuam ah zong, tua bang mah in kibilhcip dingin gen uh hi. Mipawlkhatte a dingin, vai haksa hi khollo hi. A tamzawte ngaihsutna ah tawmvei tawlngak nadingin thu hoih tawh kibang sa uh hi; aizong, hun ong sawt toto in cikciang hi natna veng ding cih kitheilo ahih manin damdam lunghimawhna hong lian veve hi. Omna inn dei neu sungah ni tampi kibilhcip in om pen damdam in cimtaak huai om sim hi. Nasepna lemlo, bang hong piang ding cih lunghimawh, cih bang teng hong kigawm tohtoh ciangin lungzinna lian semsem hi. Tua bang kawmkal ah kumpi tungah lungkimlohma lungphona hong om sawnsawn hi. Lamdung ah lungphona nei uh a, million 2.5 bang hi natna Covid 19 kilawh uh hi cih thu suah uh hi. Tua banah hi natna tawh mi 160,000 val bang sikhin hi cih thu om lailai hi.

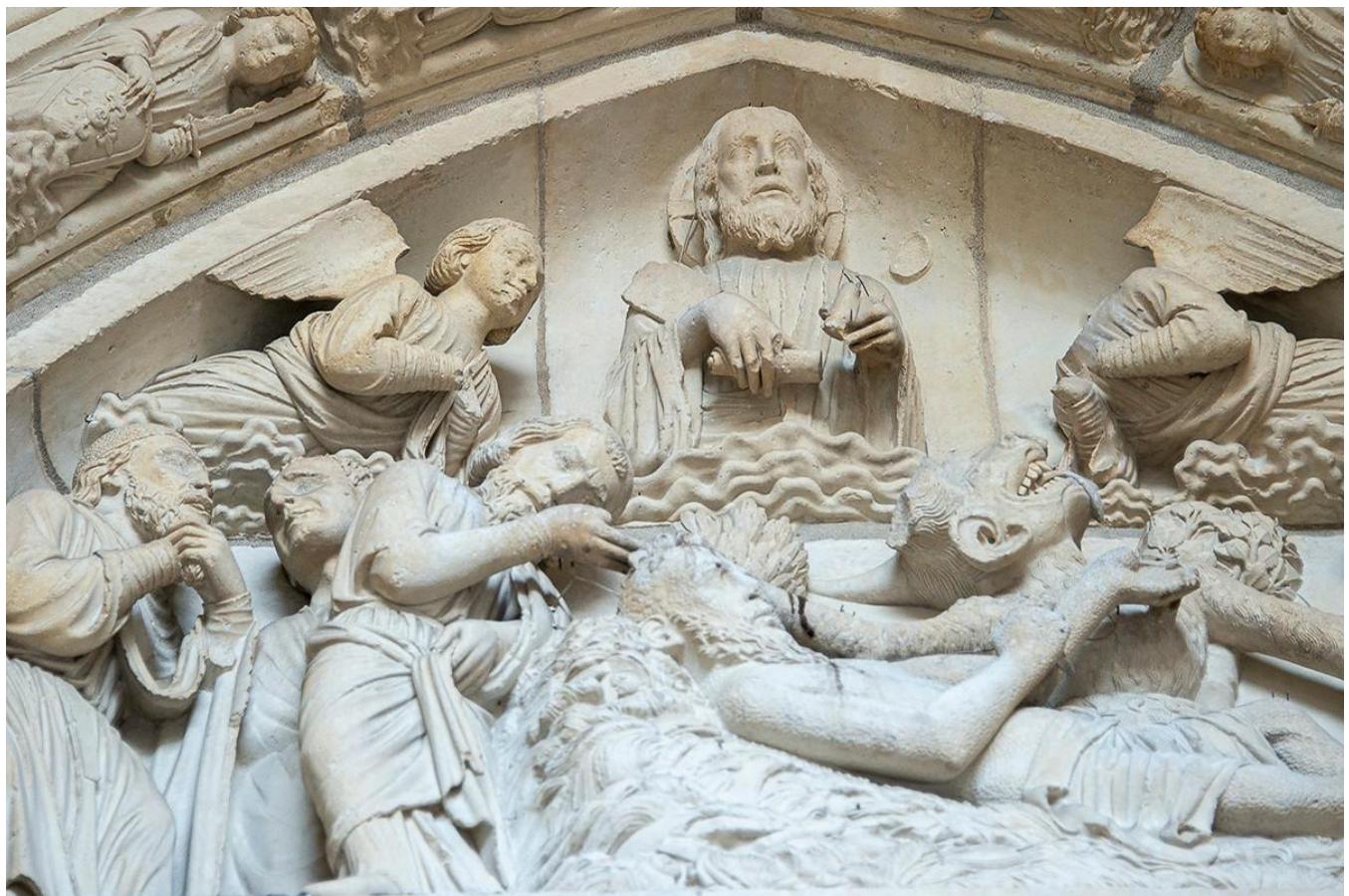
Hibang hun-te sungah Khristiante khuasakzia ding koi dann hiding hiam?

Tuahkhak thu a kibatloh hangin Sawltak Paul in haksatna a tuah laitak in, “Tu laitakin a omlai thu thumte pen upna, lametna, le itna hi a, tua thumte sung panin itna mah a thu lianpen ahi hi (1 Korin 13:13, TDB),”

ci hi. Tua aihleh hibang hun laitakin upna, lametna, itna icihte koici bangin sangin bangci bangin lakkhia ding ihi hiam?

Hibang Covid-19 a'lan' mahmah hun sungin a tuampian mipawl khatte in midangte'n natna a ngah tak uhteh a lunghimawhna uh siksan in sepkhiatna tawh a lahnate-uh zahtak-huai uh a, thupi thei mahmah uh hi. Tua bangin sepkhiatna ah amau mahmah a dingin lahuai leh nuntakna na ngawn bei thei, cih thei gegu na pi-in a kipiakkhatnate uh I muh ciangin I lungsim hong lawngkha mahmah hi. Sup-ngamna tawh kipiakhia zolo iih manin a sumngamte I muhciangin pasalpha/numeipha ahih lam uh I phawkthak hi. Tuate banah lasak siam, limsuah siam, laphuah siamte tung tawnin zong thangahna tampi om tuam tham hi; tuate zong thupi thei mahmah uh a, tha tampi kingah tuam tham hi. Azawng ahau, mipil misiamte ii kipiakkhatnate in zong tampi tha hong guan tuam tham hi.

A phawk-huai thudang khat om leuleu a, bang ahiam cihleh "thupiangte kizosak ngiatlo ding" a ci pawlkhat om leuleu hi. Inn ah kibilhcip in a om uh hangun, lungsim ngaihsutnate bilhcip sawmlo uh a, innkuan tawh hunnuam azangh ki-om hi. Pawlkhat leuleu in tawlgakna in zangh uh a, pawlkhatte'n laisim in thu tampi kan uh hi. A tamzaw in mawk om sawm loin meeltheih ulenau te tawh kithuza uh a, thuhoih thupha tampi kikum uh hi. Kibilhcip hun sungin tu-a bang dann in mettbawl uh a, Pasian hong itna lampi tuamtuan tawh tec pang uh hi.



*Job ii gentheih haksatna thuakna lim, Chartres Cathedral, France*

Ahi zongin, mitampi takte pen sepkhiatna tawh gualzawhsawm cih thadah thupiangte in a lungsim uh lamang ahih manin thupha bangmah mu zolo uh hi. A diakdiakin cile'ng Covid-19 hangin a it mahmah a pasal, ahkl a zi, ahkl pianna pa, ahkl pianna nu, muhmawh (sihna hankhuk hong zuatsan) in a omte a dingin thuak hat hi. Amaute a dingin dahna, kahna, khitui, naptui cih simloh thudang a omlo tawh kibang hi; thupiangte manlanglua ahih manin telzawh ding cihzong thu haksapi khat hong suak hi. Tua bang thuaknate sungah kihehnep nading ahi zongin, lungkim zawh nading ahi zongin om zolo hi.

Tua bangin a'thuak leh a'tuak mite lakah nang zong na kihelkhak zenzenleh, lungkiatna leh beidongnate panin paikhiat zawhding haksra hi. Hibang thute panin suahtak zawh na ding leh hi thute zawh' zawnading hanciam in I om hangin hiso mahmahlo cih bangin ki-om thei hi. Tua bangin na om khak zenzenleh thanemna in nei kei in. Banghang hiam cihleh "upna I cih pen a tawntungin kibang den ding" cih hi zenzenlo hi; upna sungah I thahat hun om ding-a, upna tawh kisai in I thanem hun a om theilua hi. Thahatna thanemnate sangin a thupi zaw in, "Pasian na ngawn umzo nawnloin taisan dingin na ngaihsut laitak na ngawn Topa'n a khut-hat tawh hong len gige hi cih phawk in." Tua hi, lametna a thak suahsak.

**Thu 3na: Pasian in na tuakhak thute sung panin Kha thu-ah pi'cin nading in hong zuunna hi, ci-in um in (Rom 5:3-5; 8:28-29; 2Cor 1:8-9; Kahla 3:22-24).**

Rom laikhak sungah Sawltak Paul in hong telgen thu in bang ahiam cihleh, "mihingte gentheih haksatnate banghang in piang hiam cih hilo a, tuabang gentheih haksatna sungah Pasian in koici bangin lam hong lak hiam? cih lungngaih ding" hizaw hi.

Haksatna I thuak laitak na ngawnin I lungdam veve hi.

Bang hang hiam cihleh haksatna in thuakzawh hatna piangsak a, thuhazawh hatna in  
Pasian' pahtakna hong ngahsak a, ama hong pahtakna in  
lametnalianpi hong neisak ahihna thu I thei hi.

Pasian in eite tungah a hong piak a Kha Siangtho tawh eite sungah  
ama itna hong guang ahih manin hih lametna in  
eite hong lungkiasak ngeilo hi. (Rom 5:3-5)

Haksatna, gentheihate khatveivei I thuakna a liatluat ciangin gimin, tawlin, kibah thei hi. Tua bang hun ciangin I thumna, I taunate Pasian in hong zalo tawh kibang a, lungkiatna leh beidonnate bek mah in hong tuamcip thei hi. Lungkiatnate in hong tuamcip in, I thungetnate I ngahloh takciang Pasian I upna na ngawn "ahi mah ahiam" cih dotna na ngawn om thei hi. Ahih hang I phawk ding thu khat in, tua bangin I upna ah beidong in I om laitak Pasian' nalamdang I muh nading hi thei zaw hi. Lametloh laitak lungnopna kingah thei hi. I lametlohma pan I lawm I gual, I veng I paam-te tungtawnin huhna panpihna peuh kingah thei hi. Gim in, tawl in, bah in, I opcipna panin I dinkhiat nadingin tha ngahna peuh lametlohma pan hong pai thei zanzan hi. Tua bek hilo, a siahuai thu sungpan a lungkim-huai thu peuh kimu thei zanzan hi.

Hi bangin lametlohma mun tuamtuam panin lametna kingah vat thei a, tuate in I upna hong tawhkuangkik hi. Tua bang thute in Pasian I upna hong tawhkuangkik ahih manin haksatnate kithuakzo hi. Thuakzawhnate'n hong zuun ahih manin Pasian pahtakna kingah hi. Kha' tha hong dimkik hi. Pasian hong itna I nuntakna sungah thak suah hi. Khazih (Khris) hong itna I nuntakna sungah hong kilang a, I nuntakna in mannei a nuntak ding I thalawp tuam hi. Lametna ciktui bangin I sung panin hong phulkik hi. Tua bangin lametna hong phulkikna pen Kha Siangtho in I tuakhak haksatnate sungah Pasian' geelna

## *Pasian Kiang Pan I Lamet Theih*

lamdangte hong muhsakna hang ahi hi; I phawk ding-ah, haksatnate tungah gualzawhna I ngah manin lametna hong phulkik cih zong hikhinlo hi. Thudang khat in gen ding hi lehang, Pasian' in I nuntakna hong lawnna hang hizaw hi.

Tua bangin Pasian in a lamdang nate I haksatna sungah sem ahih manin “kei hong kitaisan lo hi,” ci-in I lungmuang hi. Tua ahih manin lungkhamna mialpi sungah I buk nading mun leh I pai nading mun anei ihi hi. Lunggim in I khitui a luan hun om ding hi; lungkham in I kah hun om ding hi; khasiatna tawh I vakvaih hun om ding hi. Ahi zongin Pasian lamlahnna muangin I kingakh zawlele kamsang Jerimiah dann in phatna la I sa zo veve ding hi.

A beitheilo TOPA' hong itna leh a hehpihna a kizom paisuak hi a,  
zing nisuak bangin thaksuak tawntung a,  
ni a hong suah peelmawh mah tawh a kibang ahi hi.  
TOPA longal neih dang neilo ka hih manin ama tung bekah lametna ka nei hi.  
(Kahla 3:22-24)



*Singlamteh tung pan Zeisu a kilakkhiat laitak Mary leh Johan-te thuakna lahna lim*

### ***Nuntakpih ding***

Lungkham, mangbang, beidong in na om laitak ahiam? Lawm aw, lunghimawh kei in; lau kei in. Nang a' dingin tu laitak na tuahkhak thute sangin ahoihzaw Pasian' geelna om hi. Na tuahkhak thute panin

## *Pasian Kiang Pan I Lamet Theih*

Pasian in ong honkhialo kha mah ding hi; na thungetnate Topa'n hong dawnglo thei kha mah ding hi. Tua bang I cih tak ciangin Pasian pen uptaaklo, kimanna neilo cih hipah samlo hi. A taktak in, "bangmah hihzo nawn ke'ng ei" "a cimawh hi ta'ng ei" ci-in na hawmsuahna ah Pasian in nahoih na lianpi a sepnop man ahi hi.

Hi bangin cimawh dongtuak, beidong in I om laitak thunget dann ding na ngawn kitheilo hi. Thungena na ngawn kinei zolo hi. Tua bang hunte ah Sawltak Paul in Pasian' tate a'dingin lametna a omzia hibangin na gen hi;

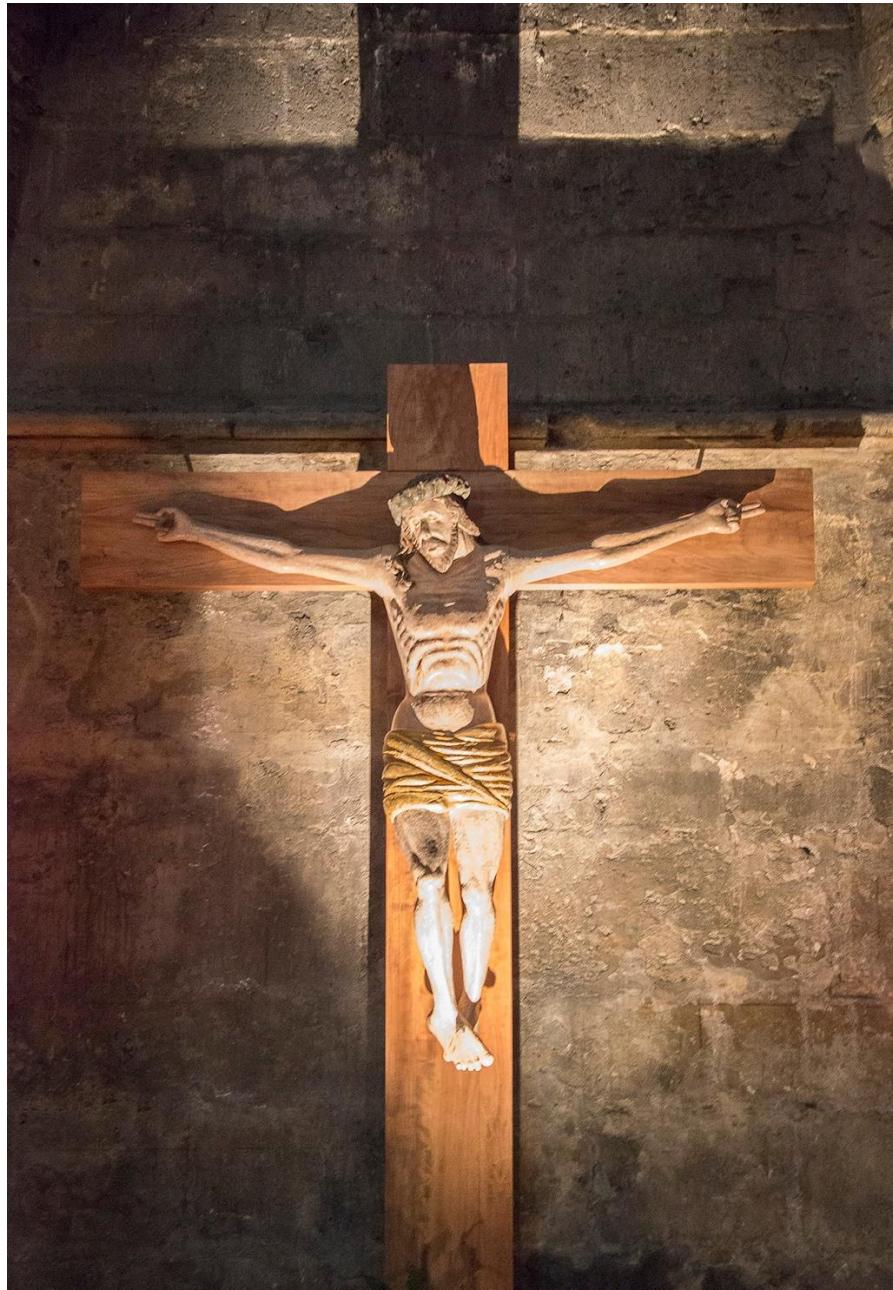
Ama deihna bangin a sem dingin Pasian in a hong sap,  
amah a it eite adingin na khempeuh a hoihlamin piangsak hi, ci-in I thei hi.  
Pasian' Tapa mi khempeuh lakah a upa pen a suah theih nadingin  
Pasian in a teelkholsa mite, a Tapa tawh a kibang dingin a sehsa ahi hi. (Rom 8:28-29)

Tua aihleh a hoihlamin a cih pen bang hiding hiam?

A hoihlamin a cih ciangin damna, hauhna, liatna cihbang hilo zaw a, Pasian' in tu-a na tuahkhak haksatnate sung panin Zeisu Khazih' limlemeal na sut semsem nading ahi hi. Tua bangin Khazih' limlemeal suttoh semsema panin sangzaw, thukzaw, lianzaw upna, lametna, leh itna I neih nading ahi hi. Leitungmi ihih mah bangin I lunggulh lianpenpen in haksatnate sung panin suahtak ding hikha mah ding hi. Ahi zongin, phawk dingah kuamah in Pasian lungsim theizolo hi; Pasian in banghang semlo ahiam cih I telloh mah bangin banghangin sem hiam cih zong I theituan kei hi. Tuabang in I telzawhlöh pi mah, Pasian tung mah ah kinga ni. Ei' deihna bangin Pasian in na hong sem ding hi, cih upna I neihte nusia ni. Bangbang hitaleh, Pasian in a piang na khempeuhte pen Ama' geelna ahi a hoihlamin Khazih' I sut nadingin piangsak hi, ci-in sang ni. Tua mah hi, I upna. Tua mah hi, I lametna.

## **Thu Lina**

**KHAZIH THUAKNA THUAK KHAWMDING CIH THEIHLA, AMA' MINTHANNA AH ZONG MINTHANG KHAWMDING CIH LUNGMUANG IN.**



Leitung mun tuamtuam ah, upna hangin Khristiante bawlsiatna tuak uh hi. Luangkham dong mah in upna lahkhiatding a kulna mun om a, mun pawlkhatte leuleu ah luangkham dong zah in upna lahkhiatding ahloh hangin lampi tuamtuam tawh nenniamna, deidanna, kinawlkhinna thuak uh hi. Khatveivei thu omlopi-in mawhsakna thuak uh a, bawlsiatna ngah uh hi. A inn a lo-te uh suksistsak uh hi. A neih a lamhte uh mei tawh hal sak uh hi. Azi atate uh, aneih alamhte uh sut uh hi. Tuamah bangin muhdahna, langpanna

hangin mite in Khristiante tungah khutlum nga in si le nai a suah hun uh zong tamvei mahmah hi; tuabang genthehnate leitung muntuamtuam ah kimu thei kawikawi hi. Tu-a I gen gentheih haksatnate ahihleh kuamah'n tuak nuamlo hi. Ahi zongin, Khristiante leuleu pen tuabang gentheih haksatnate a omleh a thuak zoding, a pua zodingin a kigingte hi zel uh hi. Tuabang thute hong piang theilua ding hi, ci-in kigingkholsa in a omte hi veteuh hi.

I phawkding a thupi mahmah khat om a, Singlamteh lampi I totna ah hi bangin gentheih haksatna, bawlsiatnate pen Khazih Zeisu tawh I minthan khop nading ahi hi.

**Thu 4na: Zeisu ii zawhsa singlamteh lampi totna hi, ci-in sang in. Amah tawh minthang khawm ding ci-in lamen in.** (Rom 8:14-18; Fil 2:5-8; Luka 22:42-44; Hebru 5:7; 12:1-2)

Pasian' tate in Khazih thuakna thuakkhawm uh hi.

Lai Siangtho sungah Khazih Zeisu' thuak bawlsiatnate thu ummite in zong na thuak un, cih hilhna omlo hi. Ahi zongin Paul in thu ummmite ii tuahding leh thuakding haksatnate om gige ahihlam hong hilh hong lak hi. Paul in na bangci gen hiam cihleh;

Pasian' Kha Siangtho in a makaih mite, Pasian' tate ahi uh hi....  
Eite pen ama ta iih manin mite adingin a koih thuphate I ngah banah  
Khazih adingin a koihte zong I ngahkhawm lai ding hi. Banghang hiam cihleh  
Khazih in a thuak mah bangin I thuak nakleh  
amah a minthan mah bangin ei zong I minthang ding hi.  
(Rom 8:14,17)

Filippi laikhak sungah Paul in Khazih mahmah eite in I ettehding ahihlam hong lim hilh hi.

Note in Zeisu Khazih lungsim puakzia na nei un. Tua lungsim puakzia in;  
Zeisu Khazih in Pasian' pianzia nei napi-in,  
Pasian tawh a kizakim theih nadingin thatanghat thu a suang kei hi.  
Amah kiniamkhiat tawm zaw a, *nasem lim* a hong pua zaw hi.  
Mihing bangin amah hong kibawl a, mihing teekteek mah a hong sun hi.  
Amah hong kiniamkhiat tawm a, singlamteh tung na ngawn ah sih ding a ut hi.  
(Filippi 2:5-8)

Gentheih haksakna thuak ding ci-in va-hah zon keei ding cihna hilo hi; ahih hangin "Khazih Zeisu nung I zuihna ah singlamteh lampi tot kul hi." Ama' tungah upna piakhin iih manin gentheih haksatna, bawlsiatnate in I mai ah hong na ngak hi, a cinuam ihi zaw hi. Banghang hiam cihleh, Pasian kiangah "nang deihna bang hi ta hen" I cih ciangin iihna khempeuh sungkhia in Pasian kiangah kipiakkhiatna ahi hi. Tua bangin kipiakkhiatna pen manpha mahmah hi. Tua ahih manin "Nang deihna bang hita hen" I cih takteh I deih mahmah khat zong nialzawhna hong suakta hi; I lunggulh mahmah khat zong, a sum-ngam ihi ta hi. Sian'thona lampi, Khasiangtho tawh kidimna lampi I tot sawm takteh leitung nopnate nuamsa pipi mah in a paisan ihi ta hi. Khazih leh a gam a dingin I kipiakkhiat takteh I innkuanihpihte in zong "supna baina, gentheih haksatna" cihte lungdam takin asang ahi ta uh hi. Upna kibat pihlohte lakah ahihleh,

Khazih tate ihihna lim I lahna ah langpanna, pampaihna, nawlkhinna, leh bawlsiatna cihte I phukha ding hi. Tuabang hunte-ah thuakzawhna tha a kisamh ahi hi.



*Zeisu 'n singlamteh a puak laitak  
Chartres Cathedral, France*

Zeisu in Ama' nungzuihna ah supngamna pen thu masa ahihlam telpha mahmah ahih manin Ama' nungzui dingte peuhmahte pen "a sumngam mi" hiding hi, na ci hi.

Tua ciangin Zeisu in a nungzuite le mi khempeuh kiangah,  
"Mi khatpeuh in kei hong zuihnopleh ama' deihna bangin gamta nawn loin nisimin a singlamteh pua-in hong zui ding hi. Hih leitung nuntakna a hu nuamte in a nuntakna bulpi na ngawn suplawh ding a, kei' hangin a nuntakna a suplawhite in a nuntakna bulpi hu zo ding hi.  
(Luka 9:23-24)

Nungzuipite dann in Topa Zeisu pen Jerusalem lampi ah zui thei nawnlo mah ding hi hangh. Singlamteh tungah zong khailupna thuak lo mah ding hi hangh. Zeisu in zong tua bang dingin hong kallo hi. Ama' hong kalh lampi ahihleh nuntakna lampi ah zuihding ahi hi. Ama' hong hilh nuntakna lampi ahihleh ei'ma' deihna ultun'saknate nusiat ding ahi hi. Leitung nopsaknate lunggulh luatnate nusiat ding ahi hi. Na khempeuh ah eimah laita nawnloin Khazih Zeisu mahmah laita ding cihna ahi hi. Hi bangin supngamnate ah nuntakna ngah ding cihna ahi hi



*Gathsemane huan ah Zeisu in thu a nget laitak  
Chartres Cathedral, France*

Gathsemane huan ah Zeisu in hi bangin thu ngen hi;

“Pa aw, nangma ngaihsutna bang ahihkhakleh hih ka thuak ding gimna tawh hong kipelhsak in.

Ahi zongin kei deihna bang hi loin nangma deihna bang hi ta hen,” a ci hi.

Tua ciangin vantung panin ama kiangah vantungmi khat hong pai a, Zeisu tha a hatsak hi.

Lunggim mahmah ahih manin nakpitakin thu ngen semsem a...

(Luka 22:42-44)

Gethsemane huan ah thungetna tawh kisai-in Hebru laikhak in zong hi bangin na gen beh hi.

Leitungah mihing in Zeisu a omlai-in  
sihna panin amah a honkhia thei dingin Pasian tungah thu ngenin  
khitui naptui tawh thumin na kiko hi.  
(Hebru 5:7)

Hih thungetnate in thu ummite bang hong theisak nuam hiding hiam? Gathsemane huan panin Zeisu nakpitak kiko in thu ngen a, thunget azawhkhit phet in Gathsemane huan pan Singlamteh lampi tawn in Kalvary lam zuan pah hi. Tua aihleh, Pasian in Zeisu thungetnate dawng lo maw, cihnophuai phial hi. Singlamteh lampi ahilo lampidang omlo maw, cih tohtoh nop in om hi. Pasian' tapa Zeisu takpi, Pasian' tungah a thuman Zeisu takpi, Pasian in bawlsiatna leh sihna peel sak lo hiam? Tuate tawh kipelhsak theilo hiam? cih bangin dotna tampi om thei hi.

Zeisu na ngawn suakta lo hi; banghang hiam cihleh, Pasian' geelna ah Zeisu pen hithute panin suahtak nading kihello hi. Pasian' geelna aihleh leitung mite'n mawhna panin hotkhiatna ngah nadingin Zeisu singlamteh tungah sihna thuak ding, cih ahi hi. Tua pen Zeisu thungetna ahi "(bawlsiatna) hai tawh kipelh sakding" cih dawn' ding sangin thupi zaw hi.

Pa Pasian deihna zuihding mah masak in nei aih manin Zeisu in singlamteh lampi mah tawn hi. "Nangma deihna bang hita hen," ci-in thu a ngetnate a ngah hi zaw hi. Pasian' geelna a tangtun nadingin Pasian' deihna mah ah a kinga zaw ahi hi. Tua bangin kingakh zawhna hangin Zeisu in Pasian' sawlna a zozo ahi hi. "Haksatna hai tawh kipeelh ding ngetna" angah loh hangin Pasian' sawlna azawh zawh nadingin Pasian in thahatsak hi.

***Zeisu minthanna/gualzawhna ah ei'zong i kihelding hi.***

Leitung nuntakna bei-in, gentheih haksatnate a beikhitiang, Khazih sungah hotkhiatna I ngahna a kicing takin I ngah ding hi. Tuaciang I teltheih ding thukhat hong om ding I leitung nuntak hunsung Pasian' tate taktak ihihna leh I nuntakna sungah ah Kha Siangtho in lam hong lak den hi, cih hiding hi. Tua bangin I kiphawkkik lian pen gualzawhna taktak hong hiding hi.

Tua aih manin Sawltak Paul in khamuanna tak tawh,

Tuhuna I thuaknate pen  
Pasian in hong piak ding minthanna tawh ka ngaihsut ciangin  
gentham ka sa het kei hi.  
(Rom 8:18)

A taktak in cilehang, hibang gualzawhna minthannate a sang dingin I kilawm kei hi. Tuateh ei-le-ei kipiak thei gualzawh minthanna zong hilo leuleu hi. Tua aih manin I phawkding thu khat in, "gualzawhna minthannate pen Pasian kiang panin I ngah hi-a eite tungah hong kilang gualzawhna minthannate hi bek hi," cih ahi hi. Ahong hehpihna tawh, Pasian in Zeisu Khazih tungah upna hong nei sak hi. Nisimin singlamteh hong puazosak hi. Khasiangtho in thu hong hilh a, tha hong guan in, lam hong lak hi. "Nang

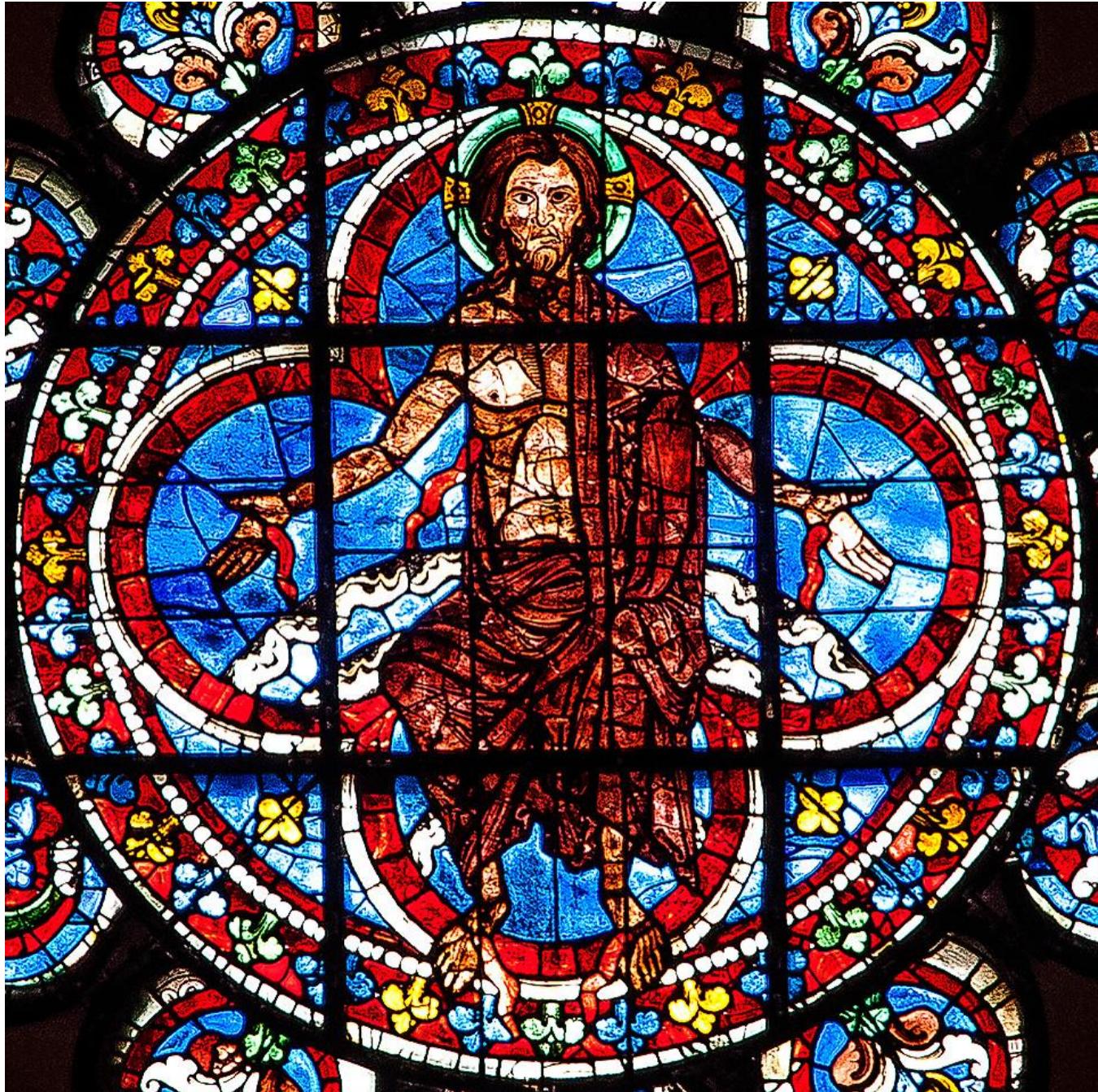
*Pasian Kiang Pan I Lamet Theih*

deihna bang hi ta hen” ci-in thudangte I nial zawhna zong Ama’ hong hehpihna hang bekbek tawh ahizo ahi hi. Tua mah bangin Pasian hong hehpihna hang bek tawh Khazih Zeisu a’dingin singlamteh lampi a tawnzo ihi hi. Pasian in I nuntakna sungah na hong semin hong zawhpih takteh Pa, Tapa, Khasiangtho minthanna eite nuntakna sung panin hong kilang ahi hi. Tua bangin gualzawhna hong kilit takciang, Ama’ tate zong a gualzo khawmpah ihi hi. Tua ahih manin Lai Siangtho in,

Ama deihna bang a sem dingin Pasian in a hong sap,  
amah a itte adingin na khempeuh a hoihlamin piangsak hi, ci-in I thei hi.

Pasian’ Tapa mi khempeuh lakah a upa pen a suah theih nadingin Pasian in a teelkholsa mite, a Tapa tawh a kibang dingin a sehsa ahi hi. Tua ahih manin ama sap mite a sehsa hi a,  
a sap mite amah tawh a kipawlin bawl a, amah tawh a kipawlin a bawl mite  
ama minthanna zong a hawm hi.

(Rom 8:28-30, TDB)



### **Nuntakpih ding**

Piancitgam (France), Paris khuapi pan tai 50 (50miles) a gamlatna ah a minthang mahmah Chartres Cathedral (biakinnpi) om hi. Tua biakinnpi ii nitumnalam padenpauh (window) khat tungah thukhenna tutna tungah a tu Topa Zeisu lim khat kisuai hi. Tua lim hoihtakin en lehang, khut meimapawn leh sisan, khe meimapawn leh sisan, apang meimapawn leh sisan kimu thei hi. Tua meimapawnte leh a kibua sisan in mawhneite mawhmai nadingin a kibua sisan hi, cih pen Khazih hong sepsaklianlua mahmah ahih manin mihingte theihtel zawh ding hilo hi. Mawhna hangin thukhenna a thuak ding kmlai, ahong sepsak nate hangin mawhmaina ngah in thukhenna tawh I kipelh hi. Mawhna daan tuak ding kmlai, Thukhenmangpa in nangma' mawhna hangin athuakna meimapawnte tawh van-ah hong na dawntuah ding hi.

Tua lim kisuai en phapha lehang, Zeisu in a khutte zal in, a khutte zan-in a om kimu thei hi. Bang adeihna hiam cihleh, vantung innpi ah Zeisu in hong na dawntuah ding hi, cihnopna ahi hi. Pasian hong itna hong lak hi. Ama' tawh pumkhat suahna lim hong lak hi. Pasian' tate ihihlam hong hilh hi. Tua meimapawn-te in bang hong hilhkikkik hiam cihleh, leitung nuntak sungin nopna dahna, haksatna gentheihna, gilkial dangtaknate tuakin thuakin I om hangin Pasian Khasiangtho in hong ompih lam hong lak den hi. Tua meimapawnte'n Ama' gualzawhnate, minthannate-ah gualzokhawm minthangkhawm cih, a tate hong hilhkikkik hi.

I upna hangin gentheih bawlsiatna leh haksatna a tuamtuamte thuak ding kuamah utlo hi. "Zesisu ka honpa leh ka Topa hi" cih pulakna pen ama' nungzuihna hi kicileh, zuih na sawm veve hiam? Zeisu in lampi, thuman, leh nuntakna ahi hi. Na Topa leh hong honpa ahi hi. Nungzuihna tawh kisai hilhna diktak Lai Siangtho in hibangin hong hilh hi;

Tua hi a, eite in I kiim I paamah hih zahin a tam tec i nei ihih ciangin  
eite a hong dongtangsak thei nate khempeuh leh eite a hong gakcip mawhna leh  
khialhnate khempeuh paikhia-in, I mai-ah a om tai nading lampi a mong dongin lungsim kiptakin tai  
ni. Eite hong makai-in I upna a hong cingtaaksak *Zesisu mitsuanin nei ni*.  
Mailamah a ngah ding *lungdamna hangin* maizumna kihta loin  
*singlamteh tungah sihna hong thuak a*, tu-in Pasian tokhom taklamah a tu hi.  
(Hebru 12:1-2)

Gentheih haksatna, lin'na launate sungah I Topa Pasian in ahong hehpihna hong tungsak henla, tha hong guan hen. Tua hehpihna leh thatakte tawh upna tawh citak takin Pasian' deihna na nuntakna ah hong kilang ta hen.

## **Thu Ngana**

**PASIAN HONG ITNA TAWH BANGMAH IN HONG KHENZOLO DING HI.**



*Yangon, Inya Lake tungah meikhu*

Tu sawngteng nidang tawh kibanglo zankim in khanglo pahpah cih dann khat in om ka om hi. Nidang dann in ihmuh sip thei meello cih bang khat ahi hi. Khatveivei, mangsia ka mat hang zong hithei hi. Khatveivei gal kidona hangin gentheih haksatna a thuakte cih dann, gilkial dangtak neekding neilote cihte pawl, sumlepaii thu ah noplam manawh dingin kithawi lian thakhat thu in kiakik vat, cih dann thu tuamtuanme ka ngaihsut luat hang zong hi thei hi. Aizong, hithute tawh kisai bangmah hihtheih cihtheih ka nei tuan kei hi. Lupna tungah kiheihei cih bek mah ahi hi; thu ngen le'ng ahoih tammaw cizel, ihmut zawhding hanciam zaw le'ng hoih zaw ding cizel, tho ding ka hia le, cihteng tawh khuavak dek zel hi. Vaisah thei ding ai ve maw!

Lungkhamna, gentheih haksatna, beidonna cih bangte hong tun tak ciangin leh I nawk tak ciangin koici bangin thalakna Lai Siangtho sung panin nei ding ihiam cih I gen khin hi. Tua bangin thalakna I neih zawhna ahang pen Pasian in eite tuabang hunsung ah lam hong lakin, hong makaih hi, cih lametna neite ihihna hang ahi hi. Tua banah I tuahkhak I sinkhak thute pen Pasian tawh I kizopna leh I kalsuan khopnate

ah pi'cing toto ding cih Pasian hong deihna hang hi cih I thei khinzo hi. Tua bek thamlo, hi bangin gentheih haksatna I tuahnate pen midangte' thuakna I thuakpih theih nading leh I panpih theih nadingin Pasian hong zuunna ahi hi.

Ahi zongin zan khuamialte hong sauluat ciang; gentheih haksatnate sung pan ahoihlam hong pianloh ciang; ahihkeileh, "kei mahmah (ei innkuān mahmah) a bangci pha diak-a" ci-in thusia khatkhit khat in hong phak takciang; gentheih haksatnate puazo nawnlo, nawkzo nawnlo in na opcip takciang?

**Thu 5na: Bangmah in Pasian hong itna tawh hong kikhensakzo hetlo ding hi, cih phawk in.  
(Rom 8:19-28, 38-39; Hebru 2:18; 13:5)**

"Keimah in nang kong paisan ngeikei ding hi, zong kong nusia ngeikei ding hi,"  
ci-in amahmah (Pasian) in hong gen zo hi. (Hebru 13:5, TDB 77)

Tua-a I Lai Siangtho mun "paisan/nusia ngeikei ding hi" pen Pasian hong ompihna leh hong sikhna hong lak hi, ci-in kikhiatek hi. Hi mah hi. Tua hang mah in bangbang I tuak zongin I patau I linglawng kei hi. Tua hang mah in I kisap hun ciang Pasian tungah I kiko-a, hong huh nading thu I ngen hi.

Tua mah bangin, "paisan/nusia ngeikei ding hi" cihnopna pen tutawm thu bek hilo in mailam thu lungmuān nading zong hong hilh hi gige hi. Rom 8:19-23 sungah, "piansaknate hitaleh piansak leitung mahmah hitaleh Pasian hotkhiatna ngakin thuum in tau in om hi," ci hi. Tua mah bangin eite zong leitung gentheih haksatna panin suahtak nading ngaklah in I om hi. Thu dang khat in gen ding hilehang, "I tuah haksatnate sungah vantung thu ngaihsut ding" ahi hi. Tua ahīh manin Lai Siangtho in Khristiante lametna hi bangin hong telgen hi;

Hih bangin lamenin I upna in eite hong honkhia khin hi.  
Ahi zongin, I lamet pen I muh ciangin tua pen lamet hi nawnlo hi.  
Kua in a muhsa nate lamen nawn ahi hiam?  
I muh lohte I lamet ciangin lungduaitakin I ngak thei hi.  
(Rom 8:24-25)

Tua ahīh manin a thupi zaw in bang ahiam cihleh, hih I leitung nuntaknate Pasian in koici bangin puah in, hoihsak toto ding a hiam, cih dotna sangin Khazih Zeisu tungtawnin I ngah Pasian hong itna sungah "a tawntung in itna khau khhin-in I om hi" cih pen manpha zaw hi. Tua itna kip ahīh manin I nuntakna sungah bangbang piangtaleh a gualzo dingte ihi hi. Tua itna pen tawntung itna ahīh manin kuamah in hong sutkhiazolo ding hi. Kuamah in hong kikhensakzolo ding hi. A hong hehpihna hangin itna tawh I ngah tawntung khamuanna in I haksat penpen hun, a mial pen hunte hong zawhpih ding hi.

"Khazih hong itna tawh kua in eite hong kikhensak zo ding ahi hiam? Haksatna ahi a, gentheihna ahi a, bawlsiatna ahi a, kialpi ahi a, puan neihlohma ahi a, manthanna ahi a, namsaute ahi zongin tuate in a hong kikhensak zo kei ding hi (Rom 8:35, ZSV)." Bangmah in hong kikhensakzolo ding hi.

Banghang hiam na cih uhleh, sihna ahi zoning, hin'na ahi zongin, ukna ahi zongin,  
tu laitaka omte ahi zongin, tu nung ciangin a omdingte ahi zongin, a sangna ahi zongin,  
a niamna a kipan a kipiangsaksa khat beek in I Topa Zeisu Khazih hanga I ngah Pasian hong itna tawh  
hong kikhensakzo kei ding hi ci-in man takin ka um hi.

*Rom 8:38-39, TDB*

### ***Vang'lian Thungetna***

Thu I nget ciangin deih ngetna bek cih zong hilo hi. Ahihkeileh, I telloh thu khat Pasian in hong dawn' nadingin ngetding cih bek zong hilo hi. Thu I nget tak ciangin hehnepna I ngah nadingin zong nget ding ahi hi. Tua mah bangin thathak ngah nadingin zong ngetding ahi hi. Zingsangkhat hawmlua kisa in, ka lungsungah lawpna bangmah a omloh laitak ka lungsim sungah Late 61 & 62 bekbek hong kilo hi; "Kei sanga a sangzaw suangpi tung ah nangmah in hong paipih in...ka bukna Suangpi aw..." "cih ahi hi. Hi mah hi. Tua bang hun ka hawmsuah luat ciangin Pasian kiangah kiko le'ng noptuamna tampi ka ngah hi. Thungetding kammal tampi zong ka nei tuankei hi. Aizong, ka lungsim sungah a om thute Pasian in hong sep nadingin thu ka ngen hi. Ka lungsimte ka sungkhia hi.

Tua bang hun takteh Topa kiang pan hopihna aw ka za hi. Tumah in ka thungetna Topa'n hong dawngpah hi, cih bang bel hilo hi. Pasian hong hopihna aw nem I zak nadingin daitak in om ding kisamh hi. Ahun a cin ciangin Topa' kiang pan huhna hong pai hi. Lai Siangtho simin, ka omna ah kibilhcip loin ka pusuak a, a thu ka lungngai hi. Ka it ka lawmte ka hopih hi. Hong it ka lawmte kiang ka kuppih hi. Itna lah theihding bangci lampi om ding hiam, ci-in ka zong hi. Aihkeh, ka lungkhamna ka haksatna sungah Kha Siangtho in na hong semin lungnopna daihna hong piak na dingin ka ngak hi.



*Angel Landing a kici Utah (USA) ah a om Zion National Park*

Upna hong patkhiatsak pa, hong honkhiapa, hong zawhpihp Zeisu Khazih in leitungah I tuah haksatnate sungah hong hehnem in, hong huh a, hong zawhpih ding hi.

Banghang hiam cihleh amahmah (Zesisu Khazih) in zong  
ze-etna leh gimna thuak ngei ahih manin ze-etna a thuakte a huh thei hi.  
(Hebru 2:18, ZSV)

Thunget dann ding na ngawn I theihloh hun ciangin, Kha Siangtho in thumna tauna hong neihsak hi.

Tua ahih manin eite bangzahin ginalo hitalehang eite a hong huh dingin  
Kha Siangtho a hong pai hi. Eite in a kilawm bangin thunget ding nangawn I thei kei a,  
ahi zongin Kha Siangtho mah in tauna tawh ei adingin a hong thumsak hi. Kha Siangtho in Pasian'  
deihna tawh kizui-in Pasian' mite adingin hong thumsak ahih manin mihingte' lungsimtawng thu a  
thei Pasian in Kha Siangtho' ngaihsutna a thei hi.

Rom 8: 26-27

### ***Nuntakpih ding***

Lawpna bangmah neilo, lunggulh bangmah nei loin na om takciang bang hih na hiam? COVID-19 bei theilo, veng theilo, khang semsem ci uh; tua bang hun sungin Pasian kiangah bangci bangin na kiko hiam?

Na lungsim sungkhia in. Na lungsimtawng tawh thungen in. Tuabang hunciang Kha Siangtho in thu hong ngetpih hi. Kha Siangtho in thu hong ngetpih ahih manin nangkia na hihlohlam na phawk ding hi. Hong kinusialo hi, cih na thei ding hi. Lametbei dinmun na hihlohlam na phawk ding hi. Thu nget ding na ngawn na theihloh ciang, na lungsim a tapzan'ate, na khituite pen Kha Siangtho in nangma tangin hong thumsak zen hi. Kha Siangtho in Pasian' deihna tawh kituak dingin hong heisak ding hi. Lungdam maitai in na om denzo kei zongin, na tuakhak thute pomzo in na nawkzo ding hi. Lungnopna daihna na ngahkik ding hi. Midangte tungah thupha khatpeuh na bawl ciang, lungnopna na neih ngeite na ngahkik ding hi.



*Devil's Tower National Monument  
Devil's Tower, Wyoming*

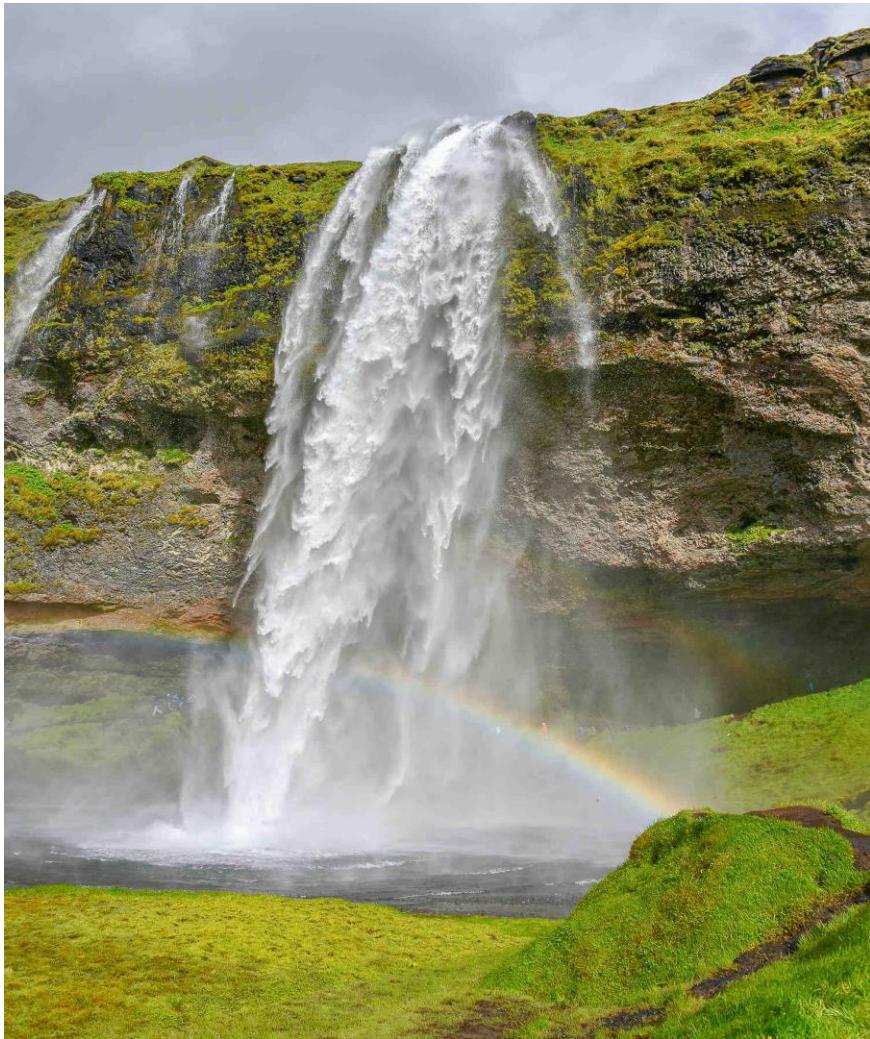
A tung-a limsuan hoih takin en dih, bang na mu a? Na lungsim sungah bang peuh a om a le? Laphuak siamte laphuah lungngai dih ni ee...

### *Pasian Kiang Pan I Lamet Theih*

Pasian aw, ka kikona aw hong za in la, ka thungetna hong ngai in. Ka lungsim a neu ciangin leimong panin nang kong sam hi. Kei sanga a sangzaw suangpi tungah nangmah in hong paipih in;  
Dai dide-in Pasian bek ka ngak hi; keima kihotkhiatna ama tung pan hong pai hi.  
Ka suangpi, ka kihotkhiatna, ka munkip muan'huai in amah bek hi a, kei ka kinak lin' kei ding hi.  
Ka lametna ama tung pan ahih manin, dai takin Pasian bek ka ngak hi. Ka suangpi, ka kihotkhiatna, ka munkip muan'huai in amah bek hi a, kei ka killing kei ding hi. Keima suahtakna leh ka minphatna Pasian' hang ahi hi; a muan'huai ka suangpi, ka bukna in Pasian ahi hi. (Late 61:1-2;62:1-2, 5-8)

Na tuah thute a tawntungin na tuah ding thute hi zenzen lo hi. Tua banah na tuahkhak thute pen na nuntakna ah thunei thukhen dingte hilo uh a, nuntakna nei in nuntakna ah thunei thukhen ding pen Zeisu Khazih hizaw hi cih phawk in. Pasian' hong itna leh hong ompihna in gentheih haksatnate leh sihna panin hong mapp tuanlo ding himahleh tuate sungah hong itna khuttawh kiptakin hong len gige hi.

Kha Siangtho' huhna tawh note' lametna a khan semsem theih nadingin, lametna a hong pia thei Pasian in, amah na upna hangin lungdamna leh nopsak tawh note hong kidimsak tahan. (*Rom 15:13*)



## **Thu Gukna**

**PASIAN KHUTKUAK-AH NA VANGIKTE NA-APKHIT NUNGSANG LUNGNOPNA  
NGAHDING CI-IN MUANG IN.**



Lungsim vangik ka puakte damdam in hong gik semsem tawh kibang hi. Zan hoih takin ka ihmut theihloh zong hong sawt simsims hi. Khatvei zan khat, ihmu theilo in lupna tungah ka kiheihei hi. Tualeh ka mang a'ham ka tak a'ham, ka vei lamah kawmpangpi a san'na 50ft bang apha khat ka mu hi. Tua kawmpangpi ka et phatleh tuibeempi gol mahmah khat ahi hi. Ka et kawmkawm in tua tuibeempi pen tui tamlua mahmah ahih manin a kitam ding bang khat in hong om hi. "Mawk aw, hih tuibeempi hong kitamleh kei bangci ding" ci-in ka lau mahmah hi. Kawmpangpi gei ah om ka hih manin tuibeempi kitamleh suahtak nading lampi om vetlo hi.

Lungsim vangikte tua dann hong bat ciang, lungnopna leh lungdaihnate bei mang hi. Ka neulai in ahihleh tu-a bangin lungsim vangik puak ka neih ciang in ka khutpi'cin pet le'ng nuam tuam tawh kibang ka sa hi. Tu'n ahihleh ngakh nading, om nading theilo cih bangin ka om hi. Hibang in lungzing gawp in ka om ciang, lungdai takin thu ngaihsun cih thadah midangte tawh kih kikhawlhna na ngawn-ah lungsim takpi tawh kih kikhawlhna cih bang om zolo hi. Bangzah ciang dong hi thei zen hiam cihleh, mi tawh kih ding takpi ka tha dah hi; zong, mi tawh kimuh ding ka ut kei hi. Innsung ah kibilhcip zawh nipikal 8 bang hong hi ta hi. Koimah pailo, inn ah kibilhcip pen a sawtsawt ciang nuam kasa ta mai hi. Innkuan kimin inn ah

ki-om ahih manin zong manpha ding tawh kibang hi. Ahi zongin, ka lungsim vangikte bei tuanlo hi; nuam tuam tuanlo hi.

Hi bangin lungzinhuai, dipkuathuai sungah Pasian kiang panin bang lamen ding ihiam? I lungkhamnate hong liat luat tak ciangin, I gamtat I luheekzia te dikzo nawnlo-a munkhempeuh ah ki-ngongtat thei hi. Tua bang hunte ah Pasian in eite a dingin bang hong hihsak thei ding hiam?

### **Thu 6na: Lungkhamnate Pasian khutsung-ah ap inla, Lungnopna lamen in. (Filippi 4:6-7)**

Thu ummite bangzah in upna lian mah taleh, lungkhamnate kipualah dekdek thei zel hi cih, Sawltak Paul in na tel mahmah hi. Mihing pianzia ahih manin “ahi ding mah” ahi hi. Ahi zongin tua lungkhamnate in hong uk cipding cihna bel hi zenzenlo hi. Tua ahih manin Sawltak Paul in lungkhamnate sung pan suakta in Pasian kiang panin hong pai lungnopna leh daihnate koici kingah thei ding hiam cih hong hilh hi. Tua banah Pasian kiang panin lungnopna leh daihnate in I lungsim I ngaihsutnate hong luah thei ding hiam cih hong hilh hi. Lai Siangtho sungah;

Thu khat peuhpeuhah lunghimawh lua kei unla, na kisap bangbang uh,

lungdamna tawh Pasian kiangah na ngen un.

Mihingte in a theihtel zawhloh Pasian’ hong piak lungsim nopna in,  
Khazih Zeisu tawh na kipawlna uh hangin note hong lungnuamsak ding hi.

Filippi 4:6-7

Tu-a I Lai Siangtho simna mun etcianna nei lehang, koici bangin lungkhamnate ii ukcipna (hencipna) te panin suakta thei ding hiam cih hong hilh hi.

- 1. Na upmawhzah sangin na Lungkhamna lianzaw thei gige hi cih phawk in.** Lungkhamna pen kikoici theih hiam cihleh; dipkua den, linglawng den, na lungkhamna mah na lungsim ah teng den, ahi zah ding sangin dipkua, linglawng, ahihkeileh tawldam thei mahmahlo, ihmuh theilo cihte a kipan a tuamtumte na tuahleh na lungkhamnate lian gige hi cih phawk in. Tua bang lungkhamna na neih ciangin sel bawl kei inla, san’zawh ding sawm in. Lungkhamnate san’zawhna pen lungkhamnate panin suahtak nadingin kal masa hizaw hi.
- 2. Pasian tungah kiko in.** Lungkham lungkia in na om ciangin Pasian tungah kiko in. Pasian pen na kikona a za dingin na kiangah om hi. Hi bangin lungkham mangbang in I om laitakin Pasian tungah I kikona a thubulpi pen bang ahiam cihleh, “ei-le-ei kimangngilh bawl dingin Pasian tawh kinai takin kihon ding cih ahi hi.” Na lungsim khempeuh sungkhia in. Amah tawh kinai takin kihona hangin Ama’ kiang panin thapiakna leh tawldamna ngah zawh nading ahi hi. Tua hileh, lungzinna dum sungah na awkcipna panin Pasian in hong kaikhia ding hi.
- 3. Na kisapna leh na deihna khempeuh Pasian kiangah ngen in.** Na lungkhamnate leh na lunghimawhna a omte gualsuk diudeu in. Tua bangin na gualh khit ciangin Pasian kiangah a vekpi in pulak inla, Pasian in tuate khempeuh koici bangin hong sepsakleh deih na hiam cih gen in. Tua bangin pulak in I ngettak ciangin Pasian in mitphial hong lak dingin a vekpi in thakhat thu in hong piangsak pah ding hi, cihnopna hilo hi. Pasian in I kisapna leh I deihnat hong pia ding hi, ci-in Sawltak Paul in Filippi 4:19 ah, “A na ka sep I Topa Pasian in ama hauhna tawh kizui-in Khazih Zeisu hangin note’ kitangsapna khempeuh hong pia ding hi,” ci hi. Ahi zongin phawk ding khat

ah, thungetna bek tawh na khempeuh hong pia ding hi, ciло hi. Pasian hong kamciamna ahihleh “Ama kiangah pulakna I neihleh lungnopna hong pia ding hi,” cih hizaw hi.

4. **Thungetna na neih ciangin Lungdamna tawh ngen in.** Pasian kiangah kikona na neih ciangin na lungkhamna leh na lunghimawhnate bek ngaihsun kei in. Pasian tungah lungdamna koh ding sim phapha inla lungdam ko in. Tua khitciangin na nuntakna sungah Pasian in kisam a sak bang om hiam cih dong in. Laphuak siampa in a cih mah bangin “Thupha khat nungah khat ngaihsun in.” Ankuang ka um uh ciangin Pasian thupha 1ta gen ding ka hanciam uh hi. Pasian hoihna, hong kepna leh Amah tawh hong kinaizawsak thu cihte tecii pangin ka kigen uh hi. Tua-in ka sabuai (ankuang) uh nuntak gimnam sak pah a, kipak takin ankuang ka um thei pah uh hi. Lungkhamna, lunghimawhnna, lunggimna, lung-hamna, cih bangte kipua kim ahih manin lungdamna, lungdamkoh ding cih thute tecii panna I neih takciangin thathak hong guan hi. Ka lawmhoih mahmah khat in bang hong gen ngei hiam cihleh, “Ka nuntakna ah bangbang piang taleh, lungdam nading mah teel zaw ing” hong ci hi. Tua ahih manin, “lungdam nading” ahihkeileh “lungham nading” cihte pen I teel theihthu ahihlam ka phawk thak hi.

Sawlak Paul in I lunghimawhnate leh I buainate sungah bualbual lehang I lungkhamna lian semsem cih thei hi. Aizong, lunghimawhnate leh buainate damdam in lungdamkohna leh thungetna tawh laih thei lehang lungnopna om zaw hi. I gensa om bangin, lungdamkohna leh thungetna I neih hangin I tuahkhak thute a beimang dann in ngaihsut ding hilo leuleu hi. Tua sangin, lungkhamna leh buaina I tuah thute in bangzah ciang taktak I nuntakna hong zothawh cih theihding hi-a tua hong zothawh hong nopneh thute Pasian kiangah koh ding hizaw hi. Tua mah bangin thungetna I cih pen thu-le-la khempeuh ahoih lamin la ziau ding cihna zong hilo leuleu hi. I lungkhamnate neuseek ziau ding cihna zong hi tuanlo hi. A taktak in hibang haksat hun in thungetna pen I lungsimtawng thu leh Kha Siangtho kizopna hizaw hi. Tua panin Pasian in a Kha Siangtho tawh Ama’ deihna lampi hong lak ding hi. Tua lampi pen bang hiam cihleh, I vangik puakte panin I thungetna tungtawnin Kha Siangtho in daihna hong pia in hong suakta sak hi cih ahi hi.



*Kawl innkuuan khat tawh thu nget khopna*

### ***Tecii Panna***

Ka tapa u-zaw kum 6 kim khawng a phak in, nikhat cina in gim mahmah hi. Bangmah ne theilo in om hi. Tui na ngawn luakik hi. A tha damdam in hong kia in hong zawm tektek hi. Siavuante'n zato ah paipih dingin hong gen uh hi. Inn ah kem le'ng hoihtoto lel dingin ka ngaihsun lel hi. Khua hong zat tak ciangin, ihmu peuhleh hong hoih lel dingin ka ngaihsun hi. Ka ngaihsut dann hong bangloin hong gim semsem hi.

Ka ngaihsut dann hong batloh tak teh ka lung patau san hi. Cih nading thei tuan nawnlo ka hih manin siavuampa phone tawh ka hopih ta mai hi. Zato ah paipih ding mah in ong gen leuleu hi. Tutung ngawngaw ciangin siavuampa thu mangin zato ah ka taipih pah vingveng a, zingsang nai 2:00 a.m hiam nai 3:00 a.m hiam khat in zato ka tung uh hi. Zato ka tun phet in, siavuante khutsung-ah ka tapa ka pia hi. Siavuante'n ka tapa vel pah uh a, "Ong paihak lua uh teh," ong cipah uh hi.

A haivai mahmah khat ahilham ka nung phawk hi. Ka tapa zato paipih baih le'ng a thuak dann nuam a sa mahmah ding kimlai keima' upmawh thu tawh ka kem thapai a, lunggim in ka om hi. Ka upmawh thu leh ka ngaihsut thu ah ka awkcip hi. Tua bangin upmawh thu tawh kemcip ka hih manin ka thalawh pen lunggimna hilel tak a, ka hai manin ka tapa in sihlawh dektak hi. Tua mah hi ding hi, ka hai thaman ka lawhtak.

Abeisa kum 28 lai thu ahil hangin tua zan thupiang in hong phawng zelzel hi. Kei a dingin pillawhna in ka neih haivaina hong suak hi. Pillawhna in ka neih pen bang ahiam cihleh, "ka lungkhamna leh ka

lunggimnate pen keima' puak ding hi zenzenlo hi," cih ahi hi. Tua mah bangin lungkhamna vangikte keima puak ding hi zenzen lo a, Pasian khutsung-ah piak ding na hizaw hi. Tua bangin ka theihzawh nung sang, ka vante zaang mahmah in tua vangik puakna pan zong ka suak ta hi. Lungnop suahtakna ka ngah ta hi. Tua lungnop suahtakna pen mihingte theihtel zawhloh thusim hi-a, lungkham mangbatna kuampi sung-ah hong liah hong dal hi.

***Nuntak pih ding***

Lungkham haksatnate koici bangin nawk na hiam?

Sawltak Paul in Filippi laikhak sungah hanthotna a piakte pen tuni in nang le kei a'ding ahi hi.

1. Lungkhamnate selzawh sawm kei inla, san'zawh sawm zaw in.
2. Pasian kiangah tua lungkhamnate ko in. Kammal tampi zong kisam lo a, "Topa Pasian aw, kei hong huh in", "Topa Zeisu aw, ka vangikte hong puaksak in," "Kha Siangtho aw, kei hong hon in," ci in.
3. Thu nget zawh nading tha na neihleh, na lungkhamnate na lunghimawhnate Pasian kiang ah ko in. Na kisapna leh na lunggulhnate ko in. Na lungkhamnate amah suan in; Ama khutsungah ap in.
4. Tua bangin Pasian kiangah na kiko kawmkawm in lungdamkohna lamah lut in. Na thupha sim in. Na nuntakna sungah na thuphate simkik lecin, Pasian hoihna in na lung hong kimsak ding hi. Lungdam nading thute mah teel in.



A beisa tha I laknate ah I gen zelzel mah bangin Pasian ii deihna theihtel zagh ding hilo hi. Tua mah bangin Pasian in na thungetnate hong dawng ding maw, dawnglo ding, cih zong I thei tuan kei hi. Tuate sangin I gennop zawk thu in lungkham mangbatnate in hong khuhcip in na opcip loh ding a thupi zaw ahi hi. Sawltak Paul in I lungkhamna leh I lunghimawhnate khempeuh Pasian khutsungah ap dingin hong hilh hi. Pasian kiang nai inla, na thuphate sim in. Pasian tungah kinga inla, Ama' hoihsa Sak bangin hong sep nadingin ki-ap in. Tua in tawntung a kimang ding adik lungnopna taktak ahi hi.

TOPA aw, nang hong muang a,  
nangma tungah a lungsim khempeuh a koih mipa lungnopna kicing pia ta in.  
TOPA PASIAN in  
eite khempeuh hong hu tawntung ahih manin  
TOPA muang tawntung un.

Isaiah 26:3-4

## **Thu Sagihna**

**A KITANGSAM NAHIHLAM PHAWK-A, PASIAN'ZIA NA NGAK KAWMIN THAKSUAH  
SAWM IN.**



Nung in kong gen ka mangmat gen suak lehang. Tuibeempi hong kitam mawkleh bang cih ding, ka cih kawmkawm in ka mai ka etleh ka lungkhamnate, ka beidon'nate pen puanza golpi tungah kiphah zihziah dann in ka mu hi. Tua bangin a kiphah zihziah teng pen a kiphahna puanza mah tawh zial-in Pasian khutsungah pia le'ng hoih ding hi, ci-in ka ngaihsun hi. Giklua ahih manin ka dom zo kei hi. Ka et phatleh suangtumpi khat na om lailai ahih manin dom zawhding hilo hi. Bangcih ding?

Cih nading om tuanlo ahih manin tua suangtumpi ka vel hi. Tua bangin ka velleh ka muh dann na hilo mawk hi. Lamdang ka sa hi. Ka khutlum tawh ka lawnna hang ahi ding hiam, tua suangtumpi ka sak pen damdam in hong tui in neu semsem lel mawk hi. Bang hiding, tuikhali na hi lel tak hi. Tua tuikhali hong neu semsem ahih manin ka lungsim vangik hong zangg tuam pah hi.

Ka mang a khatna bang ahi mawk tam maw, ka cih kawmkawm in a khatna ka khia thei hi. I lungkhamnate giklua in Pasian khutsung na ngawn ap zolo zah dong dingin a liatluat ciangin tua vangikpi, vanlianpi pen vel masa ding, cihnopna ahi hi. Tua lungkhamna vangikte pen kihta in dinkhawl dinglah hilo a, pelhding zong hi tuanlo hi. Tua mah bangin tua lungkhamna vangikte ii netcipsa in om ding cih zong hilo leuleu hi. Tua lungkhamna vangikte kiang va neh in, vel ding hizaw hi. Tua bangin va neh in,

va vel lehang i lungkhamna vangikte bangteng taktak hiam cih I thei ding hi. Tua hileh, tua vangikte lianlua I sakna panin I suakta tuam tham ding hi. I upmawh ngaihsutna zahin a giklopi peuh na hi thei hi. Tua banah I zawhluat ding van peuh na hi zanzan thei hi. Ahihkeileh, hepkhiat theih ziau zong na hi thei lai hi.

Tom lakkik lehang, I lungkhammate va neh in va velna leh “Topa’n hong sem ding hi” cih muanna pen suahtak nading leh thksuah nading lampi taktak ahi hi.

**Thu 7na: A Kitangsam Nahihlam Phawk-a Pasian’zia na ngak kawmin, thak suah dingin kiging in.  
(Isaiah 40:28-31; Efesa 3:20-21; Hebru 2:15)**

Lai Siangtho sungah Isaiah 40na pen I deih leh I sim theih gige mun khat ahi hi. Hih Isaiah 40na pen Babylon saltanna sungah lametbei in a om Israel-te lametna tampi tak guan hi. Babylon gamah a thuak uh gentheih haksatnate pen khelzawh ding hilo hi. Tua haksatnate sungah lunggim singim in om uh a, heina tatna peuh ah lauthawng in om den uh hi. Tua banah amaute mawhna hangin Babylon ah saltangin om uh ahihlam kitel mahmah uh a Pasian mai-ah kisuanna lianpi zong nei den uh hi. Tua ahih manin kamsang Isaiah in;

Thei nailo na hi hiam? Za nailo na hi hiam?  
TOPA pen tawntung Pasian hi a, leitung mong khempeuh dong a Piangsakpa ahi hi.  
Amah gimlo a, zong tawllo hi; ama thu theihtelna kigen zolo hi.  
Amah in a gim mi tungah vangliatna pia a, thahatna a neilo mi a thahatna khangsak hi. Khangnote na ngawn gim-in tawl ding a, khanglai mite a tha uh bei ding hi;  
Ahih hangin TOPA a muang mite a tha uh dimkik ding a,  
muwanlai bangin kha tawh leengto-in, amaute tai napi-un tawllo ding uh a,  
amaute lam pai napi-un gimlo ding uh hi.

*Isaiah 40:28-31*

Tu-a I sim Lai Siangtho sungah thapiakna leh lametna tampi om hi. Gim in tawl in I bah thei zel hi. Ahi zongin Jehovah Pasian pen gim leh tawl-hun cihbang neilo hi. Tua ahih manin lungkhamna kawmpangpi phulah in I om laitak hitaleh lungkhamna vangikte ii netcip in I om laitak hitaleh lungkhamna kawmpangpi leh lungkhamna vangikte kheng in Pasian mah mitsuan-in I neih ding ahi hi. Tua hileh na khempeuh a piangsak Tawntung Pasian in I vangikte hong puaksak ding a, thathak hong guan ding hi.

Tua ahih manin I thanemnate leh I sepzawhlohnate pulaak in Jehovah Pasian in I nuntakna ah na hong sem ding hi, cih ngak zawh ding thupi mahmah hi. Tua bangin I ngak zawhleh I vangikte hong zanng pah ding a, Pasian hong ompihna nuam I sakik ding hi. Thathak ngah in I tha zong hong dim ding hi. Tua tungtawnin Pasian in I nuntakna ah hong geelsak ahi Amah Pasian mahmah theitel zaw in, itzo zaw in, Ama’na I sep zawh semsem nading ahi hi. “Muwanlai bangin kha tawh I leengto” ding hi. Tai na pi hangin gim cih bang I thei kei ding hi.



***Lungkhamnate/Lunghimawhnate Nuntakzia siam zawk nading ahi hi.***

I theihkim dingah lungkhamna/lunghimawhna cihte pen mikim in I tuahkhak thu ahi hi. Thu dang khatin gen ding hi lehang, lungkhamna I cih pen nuntakna ii khawkkhat ahi hi. Tua ahih manin lungkia in I thanem thei zel mah hi. Ahi zongin tua lungkhamnate/lunghimawhnate pen nuntakna ii khawkkhat hi ci-in sang thei lehang tua lungkhamnate/lunghimawhnate tung tawnin damdam in nuntak khuasakzia khel zo ding hang a, hoihna lam mah I manawh nading hi zaw hi.

Gentehna in, thukhat peuhpeuh lunghimawhna I neih takteh “thupi I sakte hong loklok khat om hi,” cihna hipah hi. Ahihkeileh hong loklok thute pen, “thupi I sak mahmah khat sumhding (or) khahsuahding (or) hong kituhkhiading,” cih ahi hi. A zenzen in tua hong loklok thute sungah I kidiahleh bel khasiathuai ding hi. Aihhang, “tua hong loklok thute pen thupi I sak thute leh I kisapthute bang hizaw ding hiam?” cihte theitel-in I san’theih (or) I pomtheihleh nuntak khuasakzia I theihsemsem nading ahi hi. Tua banah I tuahkhak thute koici bangin maingat in nawkding ihiam, cih thute I theihzawk nading hi toto hi.

Tu-a I gen lungkhamna/lunghimawhnate pen amasa in bangteng taktak a hiam, ci-in ka vel hi. Tua khit ciangin ka hih theihding khatpeuh om ding hiam, ci-in ka en hi. Tua bangin ka hih khit ciangin lungkhamna/lunghimawhnate pen nam 3 in ka khen hi. Bangteng hiam cihleh; Mawktut kei in, Ngak in, Koihdak in, cihte ahi hi.

**1na: Mawktut kei in.**

A zenzen in lungkhamna/lunghimawhnate ka hih theih ding a omleh mawktut loin ka sem pah hi. Gentehna in, COVID-19 pen leitung mun tuamtuan leh ka omna gamah hong kizelh mahmah tak ciangin

“ka innkuun bup un cina mang ding maw, si mang ding,” cih ka lunghimawh hi. Tua kawmin ka phawk thu om pah a, Covid-19 lungno kizelh loh nadingin bang mah ka hih theihlohlam ahi hi. Aihhang, kikep zawh zah in kikep theih ahihlam zong ka phawk pah hi. Tua kikep nading pen ka hihtheih leh ka septheih vive ahi hi. Muuktuam thuahding, khutsil ding, mitawh kinai thuahlua lo ding, mitamna peel ding, cihte ahi hi. Tuateng in lunghimawhna tampi kiamsak pah hi. Covid-19 natna lauhuaina a bei pah ahih zenzen loh hangin I septheih I bawltheihte sem in kikem lehang I lunghimawhnate tampi kiam pah hi.

**2na: Ngak in.**

A zenzen in lunghimawhnae pen ka hihzawh lohding, ka sepzawh lohding ahihleh thulela bang dann hong hi ding hiam, ci-in ka ngak bawl hi. Gentehna in, “2020 kum bei lamteh Myanmargam leh Vietnamgam ah thusin sakna ka nei zo mah ding hiam? Myanmar Institute of Theology ah lai ka hilh thei mah ding hiam? Leitung mun tuamtuam ah bang hun ciang, deih bangin khual kizin thei ding hiam?” cihtepawl ahi hi.

Tu-a dotna 3te bang pen tawmkhat bang zia ngak phot ding a kisamh ahi hi. Myanmar kumpi in banghun takteh gamdang vanlengte tu sak ding; tuaciang, natna kidal nading in koici ciang taktak gamuk kumpite’n sem hiam, cihtepawl ngakphot a kul nam ahi hi. Myanmar kumpi sep ding teng ngaklah in ka om sangin ahun a cin takteh a kisamh bangin kumpi in hong taangko ngawn ding hi, cih ngakding hizaw hi. Tua bangin ka ngak sungin “ka hihtheih leh ka septheih bangteng om ding hiam” cih zon’ding hi-a, tua kawmin Pasian in bangteng sem ding hiam, cih ngak ding ahi hi.

**3na: Koihdak (lawnglo/khoihlo/kinbawlo) in.**

A tawpna ah, tamveipi ka lunghimawhte pen keima’ hihzawh ding leh hihtheih ding nam hi vetlo hi. Gentehna, “Myanmargam ah ka naseppih ka lawmte leh ka sangnaupangte bang a na ciding uh hiam? Sumbawl paaizonna kiam lua in a haksa lua ding hiam? Leitung mun tuamtuam ah ee le, hih Covid-19 buainate hong ven’ciang nuntak khuasakzia ahoihkik zo mah ding hiam?” cihte pawl ahi hi. Tu-a lunghimawh namte pen a veng pak ding nam hilo hi. Tawlpi khat mah a kibuaipih ding lunghimawhna nam ahi uh hi. Tua ahih manin bangci bangin kei-le-kei tha kipia ka hi hiam cihleh, “tua bang hun te totloh a phamawh hun ciang tawnin kan zawh ka sawm ding hi,” cih ahi hi. Tua bang hun hong tun masiah hihzawh sepzawh ding a om keilelah, koihdak ding mah hoih pen hi. Tua ahih manin lunghimawhna/lungkhamnate ka kinelhcip sak sangin koihdak le’ng hamphatna om zaw hi.



*Church of the Holy Sepulchre  
Old City of Jerusalem, Israel*

### *Nuntakpih ding*

Na vanpuak gik nasa hiam?

Na lunghimawhna leh na lungkhamnate kaikhawm in Pasian ap zawh na dingin tha na neihleh, Pasian ap in. A zenzen in na vanpuak giksalua in na tuahkhak thute lianlua na sakleh hibang in kalsuan in: Tha san' inla, na vangikpi leh na tuahkhak thu lianpite va neh in. Vel in. Bangteng taktak hiam ci-in sim in. Gual in. Tua khit ciangin "Bang hong cih le'ng ut nai vua?" "Koici le'ng mailam ah puak dann siam ding, ma'nawt zo ding, cih ka hiam cih nong gen thei ding uh hiam?" ci-in dotbawl in.

Na lunghimawhnate leh na lungkhamnate a kiam tuam na dingin na hih theih a om hiam? A omleh, Mawktuttut kei in. Sem pah in. Na hihzawh zahzah in mainawt in. Seppah theih ding, bawlpah theih ding a om kei lelah, Ngak in. Nasep theih hun, na bawl theih hun, na kalsuan theih hun ding ngak in. Tua bangin na ngak sungin thuhoih nahoih dang ngahsun inla sem in. A tawpna ah, buaina lungkhamnate nangma' sepzawh vaihawmzawh ding ahih khol keileh, Koihdak lel in.

## *Pasian Kiang Pan I Lamet Theih*

Na sep theih leh na sep zagh zah ding pen a kiciangtan ahih gige lam phawk peuh lecin, na vangik zangg tuam mahmah ding-a na suakta tuam tham ding hi. Na puak ding van leh puak ding ahi dihzenlo vante na khentel thei ding a, puak lohding vante na pua nawn kei ding hi. Tua bangin na khentel theih takteh Pasian hong itna sungah tawldam takin na om thei ding hi. Na nisim nuntakna zong manh hong nei ding a, nuntak nuam sa in, Khazih hong itna leh ama' khuavak mite na hawmsawn nuam pah ding hi.

Nangma tha bek na suanleh nangma' hatna tantan bek na tung ding hi. A sawt loin gim in na bah lai ding hi. Tua ahihman sanggam aw, vangikpi dom sawm puak sawm nawn kei inla, a piang zolo ding thute zong ngaihsunsun nawn kei in. Na vangikte Pasian ap inla, Ama' zia leh ahun a cin ciangin Pasian in hong sep ding pen ngak zaw in. Na sep, na bawl zaghlooh ding thute lunghimawh dingin zong ngaihsun se dah inla, na lungsim, na ngaihsutna leh na nuntaknate Kha Siangtho kipuahsak zaw in. "Lungkham ke'n, Pasian in hih theihloh neilo," ci-in I kihanhot theih zel bel thumaan leh a dik mahmah khat ahi hi. Hih kihanhotna in I lung nakpi hong nuamtuam sak taktak hi. Lai Siangtho in,

Eite adingin na a hong sepsak, eite' ngetzah val, le I ngaihsut zagh loh zah dongin  
a vangliatna tawh tampi tak a hong hihsak thei eite Pasian pen,  
pawlpi mite khempeuh leh Khazih Zeisu tawh a kipawl mi khempeuh in  
a khang khangin a tawntungin phat ciat ta uh hen. Amen.

Efesa 3:20-21.

## **Thu Khupna**

**PHAWK DING: PASIAN MUANG DING, CIH PEN TEELTHEIH THU HI.**



*Monument Valley, Utah, USA*

Sehnel gam sungah kum 40 bang a vak kawikawi khit uh ciangin Joshua in Israel mite Canaan gamah lutpih hi. Pasian kamciamna Canaan ah tengding a kipat uh ciangin Israel mite pen ahi nemnum khatin om uh hi: Upna ah kician nemnumlo uh hi; nuntak khuasakna ah “hi ciding, tua ciding” cih dann in kitel sitset meello uh hi. Tua dann in kitel cianna om meello ahii manin Joshua in Israel mite to’na tawh kam vaikhakna nei hi. Canaan ah te’ng tading uh ahii manun upna ah khuasakna ah bangci ding, cih khensatna nei dingin Joshua in Israel mite dotna nei hi; tua pen bang hiam cihleh, “kua um ding, kua bia ding?” cih ahhi hi.

Tua ahih ciangin tu-in  
TOPA zahtak unla, lungsim tak leh thumanna tawh ama na sem un.  
Na pu na pate un Gun gal leh Egypt gam sungah a biak uh pasiante koihkha unla,  
TOPA' na sem un. TOPA' na nasepnop kei uhleh ...  
a na na sepsak ding khat peuhpeuh tuni-in teel un.  
Ahih hangin kei leh ka innkuanihi in ahihleh  
TOPA' na ka sem ding uh hi.

Joshua 24:14-15, TDB.

### *Pasian I upna mansuah phialin ki-om thei hi.*

Nikhat, kum 1995 kiim pawl, Pasian pen nidangin ka up zah in ka up nawnlohlam ka kiphawk vat hi. Kum 10 sung bang pen ka upna ka muanna hoh khial ahiam? cih thu tawh ka buai hi. Banghang hiam cihleh, ka up ka muanna tungah lungkim lohna leh ka up ka muanna tungah nakpi lungbeina ka nei hi. Linglawng in ka om hi. Khazih Zeisu a um tawh ka kibang lai tee a, biakpiak kikhopna khawngah ka pai den hi. Tua kawm in ka kiphawk khat om a bang ahiam cihleh, “ka lungsim sungah thu kikel khat om hi veh aw” cih ahi hi. Aizong tua thu kikel pen ahoihlam bel hilo hi.

Pasian ka upna ka muanna koici bangin hong kiam dandan in, mansuah phial ka hiam cih hong gen le’ng;

1985 kim pawlin Chicago khuapua lamah a om khuaneu khat ah pastor semin ka om uh hi. Tua lai-ah kum 4sung ka sem uh hi. Kum 4 ka om sungun, ka nau neih masak penpen uh sia hi. Tua sung mahin ka sangkahpih ka it lawmte 1 si hi; kum 28 bek pha pan hi. Ka pastor sep ka hanciam mahmah a kal 1 in nai 70 sung (70hours) ka sem hi. Pawlpi a dingin vision lianpi ka neih a tangtun na dingin nakpi takin ka hanciam hi. Kal 1 in nai 70 dongtak ka hihzawh zah ding sangin tha’ sanin ka sep hangin kilamdan luatna hong om tuanlo hi. Khantohna om lua lawmlawm lo hi. Ka lamet zah in bang mah hong pianglo hi; “Banghang in Pasian in hong panpihlo mawk ahiam?” cih pen ka telzo mahmah kei hi.

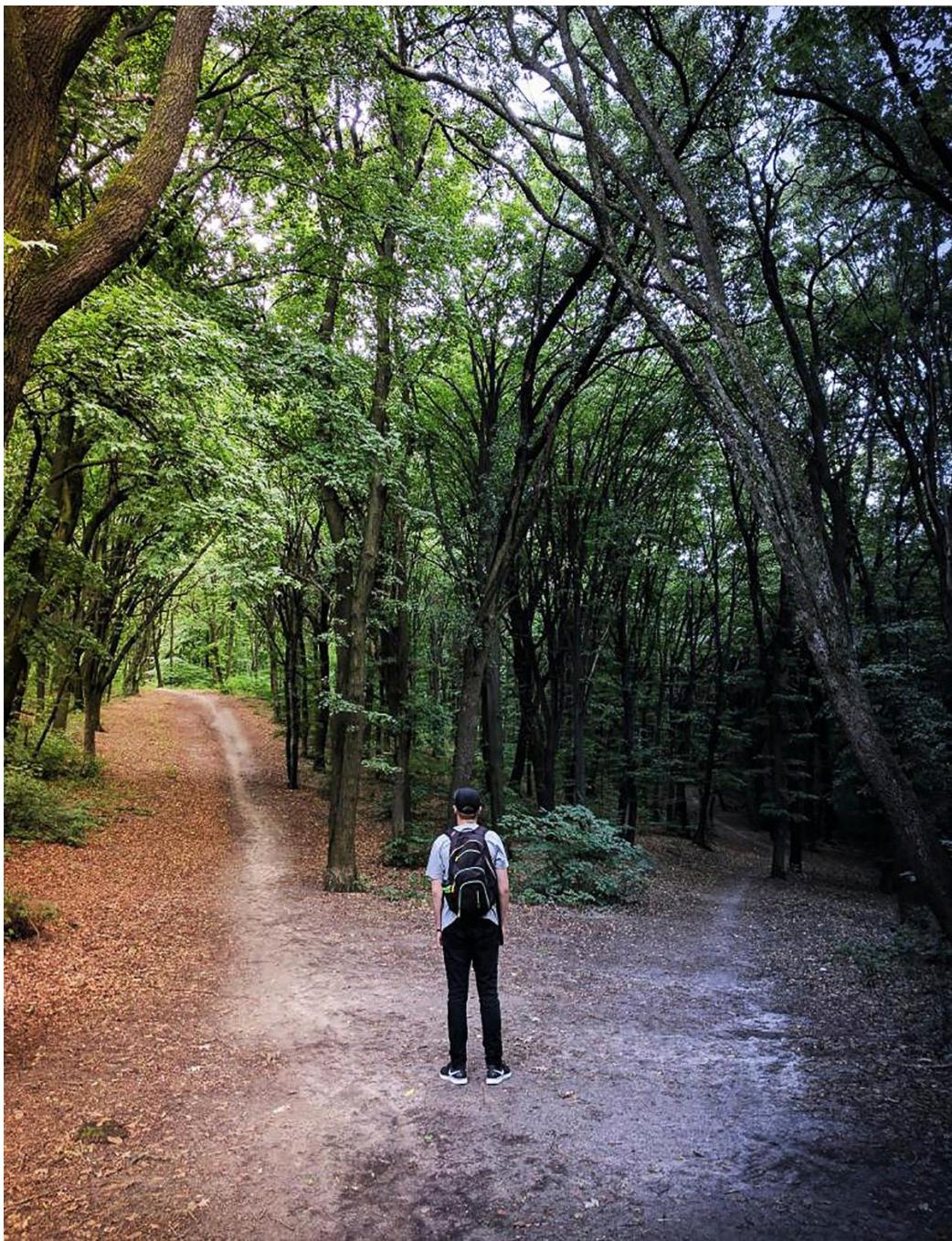
A sawtloin ka cii na lailai hi. 1986 June 23 ni-in ka tapa upa pen ka nei uh hi. A zingciang, June 24 ni-in, thu khat ka za dihdih uh hi. Tapa neih lungdam kipaak in om laitak dah in linglawng in ka om uh hi. Ka siavuanpa in phone tawh ong hopih a, ka zato kilahna vai hong gen hi. Bang ahiam cihleh, “Vun tawh kisai-in natna hoihlo khat nei hi teh” cih hi ngiau hi. “Ci dam mahmahleh kum 10 ciang bang hi thei ding hi,” cih hong himawk hi. Kum 10 bek om lai maw, cih hong hi hiau hi.

Hi thu ka zak ciangin, puak bakin ka paang hong kibeng tawh kibang hi. Bang dann himawk a le? Ka Pawlpi naseplah khangto cih omlo, ahi cipi. Ka nau neih masak pen uhlah, sia. Tu-a ka tapa neihlah ni 1 bek pha pan. Tua dann abatleh kum 10 a phak ciang, “pa” nei nawnlo ding; tagah hi ding. Ka zilah, tuzawh kum 10 ciang meigong hi ding. Pasian koi ah?

Tua sawng teng mah ka pianna ka nu-in, Alzheimer natna (khuak ii thu theihna damdam in bei) hong ngah sawnsawn; sawtloin a thu theihna khempeuh mang lailai. Ka pianna ka pa zong, damlohma khat hong nei vat ahih manin a nasepna pan tawploh phamawh. A sawtlo 1998 ciang hong sihsan lailai. Tua zawh kum 4 (kum 2000) taktek ka nu si leuleu.

## *Pasian Kiang Pan I Lamet Theih*

Hi bangteng hong kizoptoh deudeu takteh, “ka upna, ka muanna, ka nasepnate” khiatna nei hetlo tawh kibang hi. Hunbit in Pasian nasem dingin ka kipiak khiat takteh Pasian in hong tuam neih deuh dingin ka ngaihsun hi. “Pasian’na citak tak leh hanciam takin sem le’ng Pasian in na khempeuh tavuan hong la dingin, kisap khempeuh hong sikh ding hi” ci-in ka ngaihsun hi. Tu-a ka tuah thute tawh ka ngaihsut ciang Pasian in “tavuan hong la ding, kisap khempeuh hong sikh ding” cih pen bang hi mawk ding hiam, cih hong hita hi. Ka lametnate ka ngah omlo hi. Ka nu & pa cina in gimin a om laitak, ka nupa un dah in mangbang in ka om laitak uh, ka Pawlpi nasepna lawhcing thei mahmah loin ka om lai tak uh, Pasian in tavuan(vaipuak) la ding cih thadah hong taisan lai hi. Tavuan (vaipuak) hong lalo, hong taisan ahih manin ka khasia mahmah-a “uptaak muantaak mah ding hiam?” cih zah dongin Pasian tungah ka lungsim bei hi.



### **Lametloh Suahatkna**

January 1995 in ni 8 a sawt thathak lakna geelna khat om a, kei zong ka kihel hi. Lasa, thu ngen, Pasian' thu lung ngai in ka om uh hi. Ka mailam kalsuan zia ding Pasian' kiang pan lamlahna ka ngen hi. Tualeh ka lungsim hong phawngvat thu khat hong om hi.

Banghiam cihleh, Pasian pen a um nawnlo leh a muang nawn hetlo ka na hi gige khong hi. Ka khasiatna, ka lungkim lohna tamlua mahmah ahih manin Pasian bekbek a mawhsak ka hi hi. Pasian in hong maizumsak, hong maimialsak lawmlawm ka cici hi.

Tua lianleh lamkabom ah a ding ka hihlam ka kiphawk pah hi. Kalsuan in a paisuak ding hile'ng lampi khat zawzaw ka teelding hi ta hi; "Pasian um-in muang lai ding maw, ahihkeh nusia ding?" cih hong hita hi. Pasian um lopi leh muang lopi in Pasian'na sem ding cih peuh mah hi thei nawnlo suak hi. Lamkabom ah ka dinlam ka kiphawk a, khat zawzaw teelloh phamawh cih zong ka thei hi. Ka khasiatna leh ka thangpainate ma'suan in Pasian kiang pan kihem khia ding ka hiam? Ahihkeileh, Pasian'zia ka theihtel zawhloh hangin ka nuntakna sungah Pasian in na' semsem hi ci-in Pasian mah bel ding ka hiam? cih ahi hi.

Tua bangin ka ngaihsut laitak in hong liahliah, hong daldal khat a kilakhia dann in ka om hi. Khua muhthakna a nei dann in ka om hi. Tua ka muhthak thu pen bang ahiam cihleh, "Pasian hong itna ahihkeileh hong itlohlam lahzawh/lahtheih ding hilo hi," cih ahi hi. Tua sangin lampi khat zawzaw ka teelding pen ka tavuan (vaipuak) hi zaw, cih ahi hi. Pasian tawh tonkhawm in kalsuan theih nading lampi teelzaw ding maw?, ahihkeileh, Pasian tawh kigamatna lampi teelzaw ding? Khantawn a ding koi zaw teel ding?

Hih dann in teelzawk ding thu ka teltheih ciangin ka zuihding lampi koizaw hiam, cih ka khensat thei pah hi. Khasiatna, lungkim lohnate ka puakpuak ka gimlua ta hi. Ka lungsim palang in, thunung thuma kituak loin ka om sawtlua zo hi. Tua vangikte panin ka suakta nuamlua ta hi. Tua ahih manin Pasian ka mawhsaksak se sangin Pasian muanzawk ding leh Lai Siangtho hong hilhнатe muan ding pen hoih zaw hi. Ka up ding Pasian pen ka theihthak hi sansan lo-a, ka theih ngeisa, ka up ngeisa, ka muan ngeisa a nungta Pasian ahi hi.



Zing nisuak Grand Staircase pan etna  
Escanlante National Monument, Utah

### **Phawkthak Thu**

Ka tuahkhak thute in ka nuntakna a dingin thu laigil hong hilh uh hi.

- **Ka mitkha tawh ka bawl pasian pen tavuan (vaipuak) hong lalo pasian na hi-a, Lai Siangtho honghilh Pasian pen tavuan (vaipuak) hong la Pasian hi.** Keima' lamet pasian pen natna satna panin hong honkhia ding leh sihna pan hong honkhia ding, cih ahi hi. Hi bang lametnate in uplahna piang sak-a upzawhlohma hong tun hi. Lai Siangtho hong hilh Pasian ahihleh "haksatnate leh lungkhamnate sungah hong kem ding cih hi-a, haksatna khempeuh leh lungkhamna khempeuh panin hong honkhia ding hi," ciло hi. Pasian in I nuntakna sungah hong piak thuphate tawh I lungdam mahmah ding hi a, ahi zongin phawk gige dingah gentheih haksatnate panin Khristianta hong kimapp (exempt) ding cih hi zenzenlo hi.
- **Um ding, muang ding cih pen teel theih na hi gige hi.** Lungkhamna, haksatna, dahna kahna sungah um ding, muang ding cih pen teel theih ahi hi. I tuahkhak thu tungah kinga in Pasian pen muanhua maw, muanhua ilo cih khensat ding pen ahi thei thu hilo hi. Dahna, kahna, lungkham haksatnate ciameh in gawmgawm lehang tampil I ngah ding hi. Tua mah bangin lungdamna,

## *Pasian Kiang Pan I Lamet Theih*

lungnopna, nopsakna, tuahphatnate gawm lehang tampi mah I ngah ding hi. Tua I ngahzah tegeel dok dingin a ngahzah a tamzawzaw tung pan Pasian upding leh uplohding khensat ding cih pen a piang theilo thu ahi hi. (Banghang hiam cihleh, lungdamna pen Sai cia pha in lunghamma pen Sial cia pha hi, ci-in teh theih hilo hi. Ahihkeileh, nopsakna pen 400 pounds gik-in gilkial dangtakna pen pounds 500 pha cih bangin teh theih hi tuanlo hi. Tuahphatna 5vei hi-in tuahsiatna 6vei cih dann in seh theih zong hilo lailai hi.) Tua ahih manin tuahkhak thu tungtawn in khensat ding cih pen ahi thei ding thu hi vetlo hi. Um ding mawh um lo ding ci-in teel ding bek hong hi ta hi. “Upna nusia ding maw,” ahihkeileh Soren Kierkegaard cih mah bangin “upna tawh kalsuan ding” cih thu 2 bekbek om hi.

Kchristian Upna tawh kisai lai tampi a gelh ong nusiasa Henri Nouwen in I nuntakna sungah koici ding ci-in theilo in amkham in I om laitak teeltheih ding lampi I neih gige lam hibang in na gen hi.

“Lungdam nading thu a omleh, Khasiat nading thu zong om theilua hi.  
Tua bang hunte ah ‘bang ci ding/koi ci ding, cih teel theih leh khensat theih ahi hi.  
Lungdam ding maw, khasia in lunghamham ding cih khat zawzaw hi lel hi,’  
ci hi. (Life of the Beloved. Spiritual Living in a Secular World, p. 61)

I thuak hatsatnate, guallel I kisaknate leh kiimlepaam na khempeuhte’n hong langpan tawh a kibatciang, I tuahkhak ding thu haksate I ngaihsut ciang, thanem in bangmah hihzolo/semzolo I kisa hi. A taktak in tuabang hilo hi. I lungsim puakzia ding teel zawh nading tha I nei hi. Thulela ei’ma deihna hong batloh hangin, Pasian tungah kingakh nading teel zawhna tha I nei hi. I tuah gentheih haksatnate pen upna mit tawh et zawh nading tha I nei hi. Tua bangin hileh, Pasian in I nuntakna sungah na sem hi ci-in lungdamna tawh hong sang zo sak-a I puak vangikte ki-koihdak zo hi.



*Hidden Lake, Glacier National Park, Montana*

### ***Nuntakpih ding***

Na uplahnate leh na upmawhnate pan suahtak na ding pen uplahnate leh upmawhnate koihdak ding cihnopna hi lo hi; aihkeh, na lungsim sungah hitaleh na nuntakna sungah ahi zongin Pasian tawh kisai uplahnate leh upmawhnate a omlo/a neilo dann in kineihbawl/kimeng ding, cih zong hi tuanlo hi. Kineihbawl, kikhembawl pongin upding leh muanding hanciam tentan ding cih zong hilo lailai hi.

A taktakin, upzawhna leh muanzawhna I neihzawh nading pen “Pasian’zia leh hong lamlahnate ka telzawhloh ding tam mahmah lai ei!” “Ka nuntakna sungah ka teloh thu na tam mawk ei!” ci-in sanzawhna pomzawhna panin Pasian upzawhna leh muanzawhnate a kineizo pan ding ahi hi. Bangzah ta in na nuntak khuasakna amial hang, lammang na kisak hang, na thuak hang, Pasian’ lamlahnna theihtel zawh ding ahihloh hang, Pasian tungah kingakh ding cih pen teel zawh nading tha na nei veve hi. Upna tawh na kalsuan thei veve hi.

Tua bangin na hih takteh:

- Theihtel zawhloh lungnopna na ngah ding hi.
- Na thaneihna sunsunte’n man hong nei ding a, tha san’na na nei ngam ding hi.
- Midangte tungah na thudik tuam ding a, midangte zong hehpihna lungsim na nei tuam ding hi.  
Tua banah midangte panpih nopna lungsim zong na nei ding hi.
- Na mailam ding kician loin gentheih hatsatna sungah na kidiah laitak na ngawn in Pasian hong hopihna “aw nem” na ngai zo ding hi.
- Kha Siangtho tawh kidim nuntakna leh Kha Siangtho makaihna tawh kalsuan nuntakna na nei ding hi.

I Topa Zeisu Khazih mahmah leh, eite hong itin,  
a hong hehpihna tawh thakhauhna leh lametna a hong pia tawntung eite’ Pa Pasian in  
note lungsimah thakhauhna hong guan henla,  
a hoih thu khempeuh gen a semzo ding na tha uh hong hatsak taken!  
2Thesalonika 2:16-17 TDB

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*Conclusion*

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